

Name of Parenting Class	Class Format	Language(s) Offered	Start Date	Time	FRC	Registration Link	Contact Phone #	Contact Email	Age ranges of children (click all that apply)	Small description of training.
Nurturing Fathers Program	Online	English & Spanish	4/21/2026	6:00:00 PM	Boston		857-262-4228	rmartinez@thehome.org	All ages	Fathers increasing the tools they need for being a great dad.
Nurturing Families in Recovery	Online	eng	4/27/2026	10:30:00 AM	Great Barrington	https://forms.office.com/Pages/ResponsePage.aspx?id=wgech8eMG0qemxRxd3YnXhnB--jSpBsJBt7qGV-JRUM1ZYRFkzQzMRUdYwJhQWVYwQINHOE82Ny4u	4135280298	Chandra.Rodrigues@csoinc.org	All ages	Parenting and recovery of the family
Active Parenting 0-5 Spanish	In Person	Spanish	5/8/2026	10:00:00 AM	Springfield		413-733-7699	SFRInfo@gandaracenter.org	Newborn to Preschool	Spanish Active Parenting of 0-5
Active Parenting First Five Years	In Person	Spanish	5/8/2026	10:00:00 AM	Springfield		Office 413-733-7699 Marieli 413-296-6276	mtorres1@gandaracenter.org & vgarcia@gandaracenter.org	Newborn to Preschool, Elementary School	101's of Nurturing and attachment during the First Five Years
Parenting Journey	In Person	English	5/12/2026	10:00:00 AM	Salem		978-296-8088	jhelen@pw4c.org		
Active Parenting of Adolescents	Online	English	5/12/2026	6:00:00 PM	Salem		978-296-8088	jhelen@pw4c.org	Middle School, High School	Provides the guidance and support to turn the challenges of raising a teen or preteen into opportunities for growth.
Nurturing Fathers	In Person	English	5/13/2026	12:00:00 PM	Plymouth		774-283-6531	jkennedy@baystatecs.org	All ages	The Nurturing Fathers program teaches and practices skills that provide guidance, love and support to enhance the development and growth in children to fathers.
Parenting Journey I	Hybrid	English	5/14/2026	5:30:00 PM	Gardner		508-713-2439	summer.haggertymeeker@csoinc.org		
Active Parenting First 5 Years	Online	English	5/19/2026	12:00:00 PM	Plymouth		774-283-6531	jkennedy@baystatecs.org	Newborn to Preschool	Active Parenting 0-5 supports the growth and development of children through the family structure by providing parents and other caregivers the information and skills necessary to prepare their children to survive and thrive in society. Focuses on building a bond with your baby, preventing problems, encouraging positive behavior, growth and development, preparing for school, and discipline.
Active Parenting 4th Edition	Online	English	5/19/2026	1:00:00 PM	Framingham		508-270-1313	FRC-INFO@waysideyouth.org	Elementary School	4th Edition for 5-12 Year Olds
Parenting in America	In Person	English/Spanish	5/19/2026	2:00:00 PM	Boston	https://www.eventbrite.com/e/parenting-in-america-in-person-at-the-frc-tickets-1988565769748?aff=oddtcreat or https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=SlWsUz26JkiXwxw-sFDc9swpfETuMfOtb4UJMWRwxUQzhOSUkySjU3VJRJNMTDNWVUY0MDZUSS4u	857-276-2227	nbowak@thehome.org	All ages	An opportunity to learn the cultural differences of parenting in another country and in America.
Active Parenting: First Five Years	In Person	English	5/20/2026	10:00:00 AM	Brockton	https://www.eventbrite.com/e/parenting-in-america-in-person-at-the-frc-tickets-1988565769748?aff=oddtcreat or https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=SlWsUz26JkiXwxw-sFDc9swpfETuMfOtb4UJMWRwxUQzhOSUkySjU3VJRJNMTDNWVUY0MDZUSS4u	508-857-0272	maysa.deoliveira@ccbrockton.org or jenny.francis@ccbrockton.org	Newborn to Preschool	For parents and caregivers to show parents how to nurture their child with a "just right" combination of freedom and nonviolent discipline. Two hour sessions, light refreshments served
Nurturing Fathers	In Person	English	5/21/2026	5:00:00 PM	Brockton		508-857-0272	claudia.cunha@ccbrockton.org	Elementary School	Nurturing Fathers Group
Parenting Journey I	Online	eng	5/26/2026	10:00:00 AM	Great Barrington		4135280298	Chandra.Rodrigues@csoinc.org		
Parenting Journey I	Online	eng	5/26/2026	10:00:00 AM	Great Barrington	https://forms.office.com/Pages/ResponsePage.aspx?id=wgech8eMG0qemxRxd3YnXhnB--jSpBsJBt7qGV-JRUM1ZYRFkzQzMRUdYwJhQWVYwQINHOE82Ny4u	4135280298	Chandra.Rodrigues@csoinc.org	All ages	Parenting journey I on zoom, Tuesdays and Thursdays
Active parenting 4th Edition	Hybrid	English	5/27/2026	10:00:00 AM	Worcester		508-796-1411	yiwfrcoyinc@sevenhills.org	Middle School	For parents of children ages 5 -12 years old.
Parenting Journey 2	Hybrid	English	5/28/2026	6:00:00 PM	Boston	https://www.eventbrite.com/e/1988571600187?aff=oddtcreat	617-467-8179	lingravera@thehome.org	All ages	Part 2 of the Parenting Journey 1 12 week class. Deep dive into parent attitudes around parenting from their established positionality.
Active Parenting First Five Years	Online	English	6/1/2026	9:30:00 AM	Chelsea	https://forms.cloud.microsoft/r/vyAf9ycMQx	617-467-0285	aharvey@thehome.org	Newborn to Preschool	Your child's first few years are so important! Learn how to make the most of them with Active Parenting: First Five Years, a evidence-based program for parents and other caregivers. This class will cover topics including ages and stages of development, building a strong bond with your child, effective discipline for young children, and ways to prepare your child for school success!
Transforming Trauma (ARC Reflections)	Online	English	6/10/2026	12:00:00 PM	Fitchburg		978 751 4164	kcole@mocinc.org	All ages	This is an 8-week program for parents/caregivers of children (0-17yo) who have experienced traumatic stress (acute or chronic). This program is an adaptation of the ARC Reflections curriculum created by JRI and the Annie Casey Foundation. This program focuses on helping parents/caregivers to better understand childhood trauma and its impact on the brain and behavior while also building parenting tools focused on co-regulation and behavior prevention.
Active Parenting First Five Years	Online	English	6/22/2026	4:00:00 PM	Taunton		774-501-2633 x112	bfreitas@oldcolonyymca.org	Newborn to Preschool	Active parenting for children ages 0-5
Active Parenting 4th Edition	Online	English	7/27/2026	12:00:00 PM	Fitchburg		(978) 516-5042	jcruz@mocinc.org		
Cycle 4 Cooperative Coparenting Through Se	In Person	English	8/1/2026	12:00:00 AM	Worcester		508-796-1411	yiwfrcoyinc@sevenhills.org	All ages	This in-person evidence-based parenting course supports parents and caregivers navigating divorce or separation while prioritizing their children's emotional well-being and fostering cooperative co-parenting relationships.
Active Parenting the First Five Years	Online	English	8/3/2026	12:00:00 PM	Fitchburg		(978) 516-5042	cnogueras@mocinc.com		

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Parenting Journey I	Online	eng	8/5/2026	12:00:00 PM	Great Barrington	https://forms.office.com/Pages/ResponsePage.aspx?id=wgecH8eMG0qemxtRxhd3YnXhnB-jspBsJBt7qGV-JRUM1ZYRFkzQzM0RUdYWjh0WVYwQINH0E82Ny4u	4135280298	Chandra.Rodrigues@csoinc.org	All ages	Parenting journey I
Nurturing Fathers	In Person	English	8/10/2026	6:00:00 PM	Fitchburg		(978) 516-5042	Dmossetty@mocinc.org		
Active Parenting of Teens	Online	English	8/10/2026	12:00:00 PM	Fitchburg		(978) 516-5042	kcole@mocinc.org		
Nurturing Parenting Motherhood edition	In Person	English	9/1/2026	4:30:00 PM	Brockton		508-436-4178	claudia.cunha@ccbrockton.org	All ages	An evidence-based initiative designed to build nurturing parenting skills topics to include communication, empathy, stress management and bonding/attachment.
Parenting Journey	Online	Spanish	9/8/2026	12:00:00 PM	Worcester		508-796-1411	yiwfrcyouinc@sevenhills.org	All ages	Ayoyando a los padres a comprender cómo su crianza influye en sus decisiones y comportamientos como padres.
Padres Carinosos/Nuturing Fathers	Online	Spanish	9/9/2026	10:00:00 AM	Worcester		508-796-0126	slacroix@sevenhills.org	All ages	<p>Un programa de crianza basado en la evidencia, diseñado específicamente para padres. Este programa ayuda a los padres a desarrollar habilidades de crianza positivas, fortalecer las relaciones con sus hijos y adoptar enfoques afectuosos y empáticos para la disciplina y la comunicación efectiva.</p> <p>A través de la discusión guiada, la reflexión y herramientas prácticas, los participantes aprenden estrategias respaldadas por la investigación que promueven un desarrollo infantil saludable, mejoran las relaciones familiares y crean entornos hogareños seguros, estables y de apoyo.</p> <p>---</p> <p>An evidence-based parenting program designed specifically for parents. This program helps parents develop positive parenting skills, strengthen relationships with their children, and adopt nurturing and empathetic approaches to discipline and effective communication.</p> <p>Through guided discussion, reflection, and practical tools, participants learn research-backed strategies that promote healthy child development, improve family relationships, and create safe, stable, and supportive home environments.</p>
Active Parenting 4th Edition	Online	English	10/5/2026	12:00:00 PM	Fitchburg		(978) 516-5042	jcruz@mocinc.org		
Active Parenting of Teens	Online	English	10/19/2026	12:00:00 PM	Fitchburg		(978) 516-5042	kcole@mocinc.org		