



# TRANSITION CHECKLIST 17 YEARS OLD



This checklist is intended to help families prepare for a smooth transition from school to DDS Adult services. These suggested topics, action items and resources may not be relevant to everyone. Please reach out to your DDS Service Coordinator with questions.

## 1. THINGS TO THINK AND LEARN ABOUT

- ☐ Talk with your youth about their vision for life after school. Think and talk about what skills and life experiences can be provided through school to work towards these goals.
- ☐ Learn and talk about the benefits of getting transition services through school after completing 12<sup>th</sup> grade.
- ☐ Explore whether you might want to [go to college](#).

## 2. THINGS TO DO

- ☐ [Complete application for DDS Adult supports](#). Contact your local Family Support Center if you need help.
- ☐ Attend a transition fair hosted by your DDS Area Office or Family Support Center.
- ☐ Consider whether your youth will need decision-making support as an adult. Learn about different options, and discuss with your DDS Service Coordinator
- ☐ Talk to your youth and IEP team about who will make educational decisions after they turn 18
- ☐ Check to make sure your school has made a [688 Referral](#)
- ☐ Discuss anticipated graduation date and transition assessments with your IEP team. Share this information with your DDS Service Coordinator.
- ☐ Provide [life experiences](#) to help your youth explore their interests and gain independence, such as chores and volunteer work, making choices, and friends

## 3. RESOURCES

- ☐ [TIPS: Transition Information for Parents and Students](#)
- ☐ [Pre-Employment Training Services](#) from MassAbility
- ☐ [Life Domain Vision Tool](#)