

YOUTH SUBSTANCE USE TREATMENT:

Free Trainings, Outreach, and Systems Support across Massachusetts

Our Mission:

Our team of **Youth Training and Systems Specialists** provide technical assistance and training to youth-serving systems and state agencies across Massachusetts. Our mission is to promote access to a continuum of treatment options for youth and young adults with substance use disorders. We work in partnership with the Bureau of Substance Addiction Services (BSAS) and other stakeholders to help youth-serving agencies increase their ability to identify and address substance use issues. We also aim to promote inter-agency collaboration to identify barriers and develop more effective prevention and treatment services for youth and young adults.

What We Offer:

- Training and consultation on youth substance use to youth-serving systems and organizations across MA
- Resources and ongoing technical assistance for juvenile courts, state agency offices (DCF, DYS, DMH), CBHI providers, schools, and other systems around accessing youth substance use treatment and referrals
- Outreach and support to identify systemic barriers to treatment, across multiple systems

Trainings and Workshops (other topics may be available upon request):

- *Youth Substance Use 101 (Overview – data, key concepts, best practices)*
- *BSAS System of Care for Youth and Young Adults (licensed treatment services in MA)*
- *Family Recovery: Engaging and Supporting Parents of Youth with Substance Use Disorders*
- *Engaging Youth in Substance Use Treatment*
- *Neurobiology of Addiction*
- *Substance Use and Co-Occurring Disorders*
- *Talking with Youth about Marijuana*
- *Spirit of Motivational Interviewing (Best Practice Overview)*
- *Introduction to A-CRA/ACC (Adolescent Community Reinforcement Approach/Assertive Continuing Care)*
- *Synthetic Drugs, Marijuana, and E-Cigarettes*

Contact Us – for trainings/workshops, technical assistance, systems support and resources!

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These services are supported by the MA Department of Public Health, Bureau of Substance Addiction Services. The Institute for Health and Recovery (IHR) is a nationally-renowned, award-winning, CARF-accredited agency specializing in innovative services, training and evaluation focused on the unique needs of underserved families, women and youth. IHR's mission is to develop a comprehensive continuum of care for individuals, youth and families who are affected by alcohol, tobacco, and other drug use, mental health problems, and violence/trauma.

For free, confidential help finding the right youth substance use treatment program, call the MA Substance Use Helpline at 1-800-327-5050 (8 am – 10 pm weekdays, 8 am – 6 pm weekends). www.helplinema.org