

Worcester Family Resource Center 20 Cedar street
Worcester, MA01608
508-796-0411 wfrc@youinc.org

Drop in Hours
Monday: 8:30am-6:00pm
Tuesday-Thursday: 8:30am-7:00pm
Friday: 8:30am-6:00pm



05

May

2025

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



5

• AMPP



6

• Nurturing Fathers

7

• AMPP
• Nutrition Class
Wednesdays (3pm-4pm)

8

• virtual housing clinic
• Playgroup @ Carriage House

9

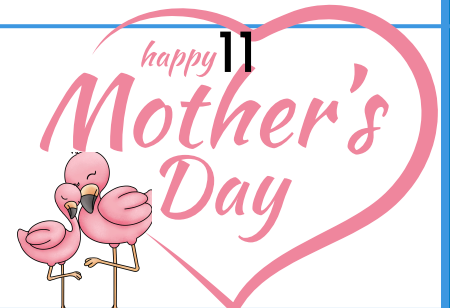
• AMPP
• Mothers Day Brunch & Jewelry Party



10

• Office closed

11



12

• AMPP

13

• Nurturing Fathers

14

• AMPP
• Nutrition Class
Wednesdays (3pm-4pm)

15

• virtual housing clinic
• Playgroup @ Carriage House
• Rising Stars
Thurs (3:30pm-4:30pm)
Biweekly

16

• Grandparent support group
• AMPP



17

Office open for walkins



18

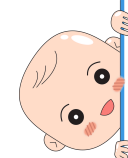
Office closed

19

• AMPP

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• Nurturing Fathers



21

• AMPP
• Nutrition Class



22

• Virtual housing clinic
• Playgroup @ Carriage House

23

• AMPP
• Ikigai Unidos por el Amor support group

24

Office closed

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Office closed

26

• Office closed



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• Nurturing Fathers

28

• AMPP
• Nutrition Class
Wednesdays (3pm-4pm)

29

• Virtual housing clinic
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Bi-weekly

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• AMPP

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May, 2025

Call or Email 508-796-1411 wfrc@youinc.org
for information or to register

Resources and Supports

Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications
Every Thursday
2:30pm-3:30pm

WFRC PlayGroup

Connect with other parents. Meet new friends and learn new skills.
For children ages 0-5yrs

Thursdays 3-4pm

Special Events

Mothers Day Brunch

Join us for a fun brunch and jewelry making activity to celebrate motherhood.

Pre Registration required

Ikigai Unidos por el Amor support group

Connect with other parents raising children with special needs
3:30pm-5:30pm

Pre-registration required

Mutual Support



Rising Star Support Group

A support group for youth ages 11-14yrs
Thursdays - Biweekly
3:30pm-4:30pm

Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided
9:00am-10:30am

Life Skill Groups

Essentials of parent life: Tips and support

Join other parents as we learn to navigate our lives as parents. Topics to include self care, employment, education and many others.

Third Thursday of the month 3:00pm-4:00pm

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.
M W F 3:00pm-6:00pm

