
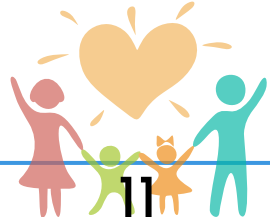

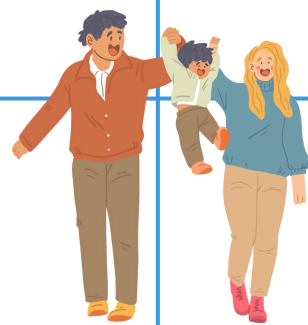




February

2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					 <p>1 Postures for life Yoga for health</p>	<p>2 Office closed</p>
<p>3</p> <ul style="list-style-type: none"> AMPP 	<p>4</p> <ul style="list-style-type: none"> Parenting Journey 	<p>5</p> <ul style="list-style-type: none"> AMPP ESOL Classes Active parenting of teens 	<p>6</p> <ul style="list-style-type: none"> virtual housing clinic 	<p>7</p> <ul style="list-style-type: none"> AMPP Rainbow Connection 	<p>8</p> <p>Office closed</p>	<p>9</p> <p>Office closed</p>
<p>10</p> <ul style="list-style-type: none"> AMPP 	<p>11</p> <ul style="list-style-type: none"> Parenting Journey 	<p>12</p> <ul style="list-style-type: none"> AMPP ESOL Classes Active parenting of teens 	<p>13</p> <ul style="list-style-type: none"> virtual housing clinic Essentials of Parent Life (Hybrid virtual & In-person) 	<p>14</p> <ul style="list-style-type: none"> Grandparent and Kinship caregiver support group Ikigai Unidos Por Amor Rainbow Connection AMPP 	<p>15</p> <p>Office open for walkins</p>	<p>16</p> <p>Office closed</p>
<p>17</p> <ul style="list-style-type: none"> AMPP 	<p>18</p> <ul style="list-style-type: none"> Parenting Journey 	<p>19</p> <ul style="list-style-type: none"> AMPP ESOL Classes 	<p>20</p> <ul style="list-style-type: none"> virtual housing clinic 	<p>21</p> <ul style="list-style-type: none"> AMPP 	<p>22</p> <p>Office closed</p>	<p>23</p> <p>Office closed</p>
<p>24</p> <ul style="list-style-type: none"> AMPP Active Parenting 4th Edition 	<p>25</p> <ul style="list-style-type: none"> Parenting Journey 	<p>26</p> <ul style="list-style-type: none"> AMPP ESOL Classes 	<p>27</p> <ul style="list-style-type: none"> virtual housing clinic 	<p>28</p> <ul style="list-style-type: none"> AMPP 		

February, 2025

Call or Email 508-796-1411 wfrc@youinc.org
for information or to register

Resources and Supports

Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications
Every Thursday
2:30pm-3:30pm

Parenting Journey
Connect with other parents. Learn how you were parented affects how you parent your children.

Pre registration required

Special Events

ESOL classes
English for Speakers of Other Languages adult education classes. Free every Wednesday.

Pre Registration required

Ikigai Unidos por el Amor support group

Connect with other parents raising children with special needs
3:30pm-5:30pm

Pre-registration required

Mutual Support



Rainbow Connection

A group for LGBTQIA+ youth ages 10-13
1st and 3rd Friday of the month.

3:30pm-5:00pm

Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided

9:00am-10:30am

Life Skill Groups

Essentials of parent life: Tips and support

Join other parents as we learn to navigate our lives as parents. Topics to include self care, employment, education and many others.

Third Thursday of the month 3:00pm-4:00pm

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.

M W F 3:00pm-6:00pm

Arts and Cultural

