

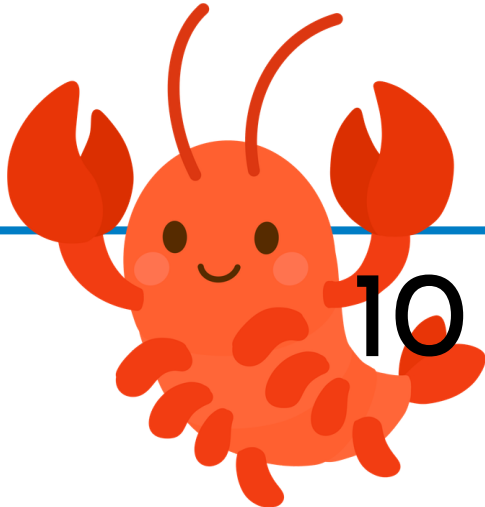
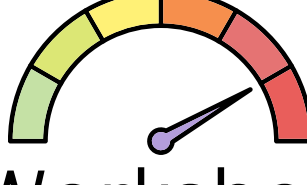
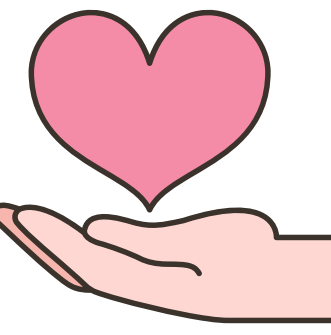
Worcester Family Resource Center 20 Cedar street
Worcester MA, 01609
508-796-1411, yiwfrcyouinc@sevenhills.org

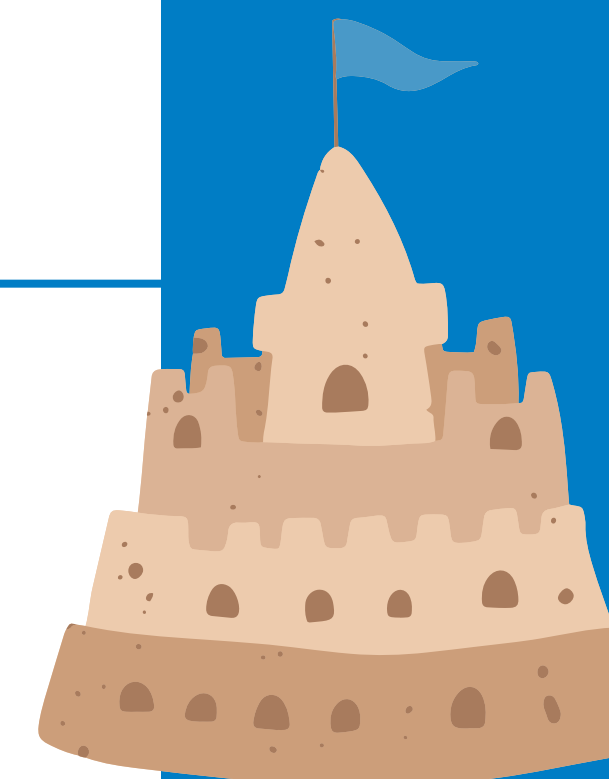


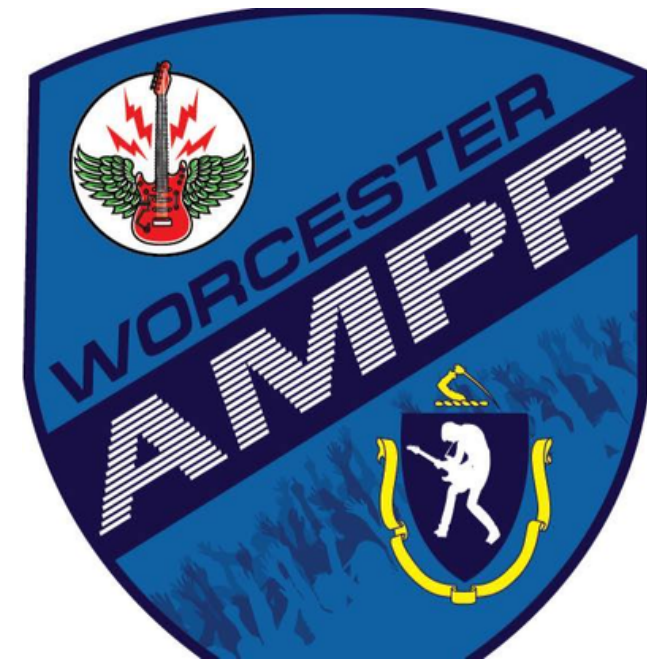
August

2026

Drop in Hours:
Monday-Friday: 8:30am-6:00pm
Saturday: 9am-12pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Yoga 10am 	2 Office closed
3 	4 Parenting Journey [12 of 12]	5 AMPP 3pm-6pm 	6 Virtual housing clinic 1:30pm-2:30pm	7 GRG Support Group 9:30am-11am Rising Stars 1:30-2:30 Playgroup 10am-11:30am 	8 Office closed	9 Office closed
10	11	12 AMPP 3pm-6pm	13 Virtual housing clinic 1:30pm-2:30pm 	14 Playgroup 10am-11:30am (Spanish) Credit Education Workshop 10-11:30am & 5:30-7pm 	15 Back to School Event 10am-1pm 	16 Office closed
17	18	19 AMPP 3pm-6pm 	20 Virtual housing clinic 1:30pm-2:30pm	21 GRG Support Group 9:30am-11am Rising Stars 1:30-2:30 Playgroup 10am-11:30am 	22 Office closed	23 Office closed
24	25 Book Club 11:30am 	26 AMPP 3pm-6pm	27 Virtual housing clinic 1:30pm-2:30pm Cooperative Coparenting [1 of 8] 	28 Playgroup 10am-11:30am (English) Credit Education Workshop 10-11:30am & 5:30-7pm 	29 IKIGAI 11am 	30 Office closed





Arts & Music Police Partnership (AMPP)

AMPP is an afterschool program, led by our local Worcester Police Department, that offers a safe environment for high school students to come and explore their creativity through music and art.

Summer Schedule:
Wednesdays from 3:00pm-6:00pm



Housing Clinic

Join us virtually to connect directly with RCAP Solutions and CMHA. Get assistance navigating RAFT and other housing-related applications.

*Register, to receive link to attend
Thursdays, 1:30pm-2:30pm

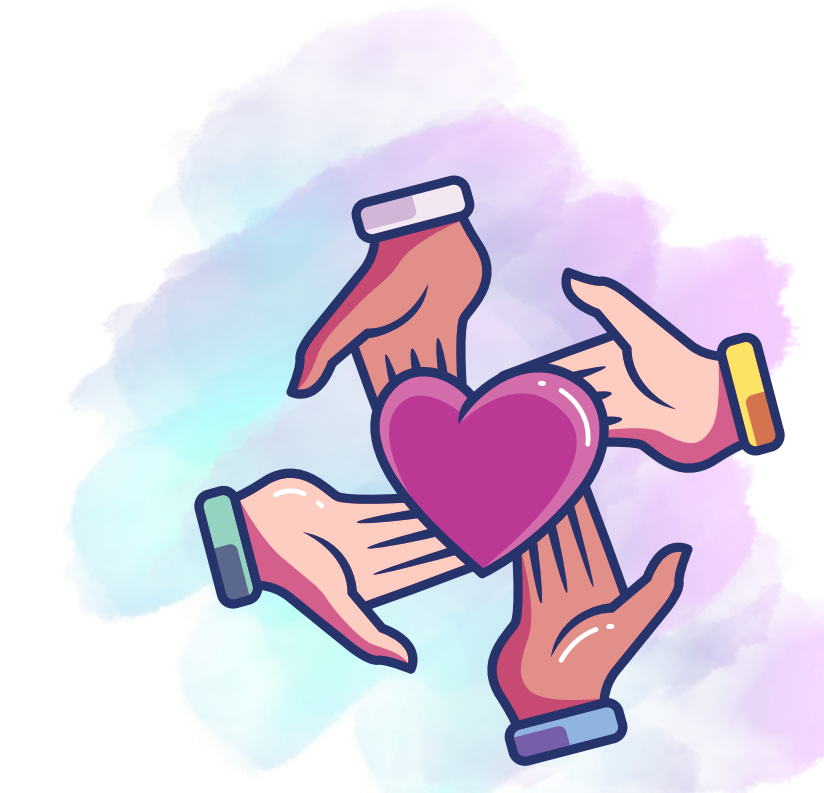


Credit Education Workshop

The WFRC is offering a FREE credit education workshop where participants can learn how credit scores work and ways to improve it. Understand your credit. Rebuild with confidence.

8/14, 10-11:30am & 5:30-7pm (Spanish)
8/28, 10-11:30am & 5:30-7pm (English)

Call to sign up!



IKIGAI Support Group Unidos por el Amor

Connect with other (Spanish speaking) parents raising children with special needs.

Once monthly, registration
required

3:30pm-5:30pm



Yoga Class

For all family members!
Explore the transformative potential of breath and movement through the practice of yoga.

1st Saturday of each month, at
10:00am



Book Club

Love reading and looking to connect with others who share your passion? Reach out today and join the club!

Last Tuesday of each month, at
11:30am



Parent/Child Playgroup

Come join the WFRC and Worcester Family Partnership for an engaging playgroup filled with fun activities and opportunities to socialize with other children and caregivers!

Fridays 10:00am-11:30am



Back to School Event

WFRC's Back-to-School Event! will offer the opportunity for students to receive free school supplies (while supplies last), connect with local community resources, and get ready for a successful school year!

Saturday, August 15th
10am-1pm



Rising Stars

A positive youth development group for ages 11-13. Come and engage in activities that help build skills, confidence, and resilience for a better future.

8/7, 1:30-2:30pm
8/21, 1:30-2:30pm



Grandparents Raising Grandchildren Group

Join us at our next GRG Group for an opportunity to connect with fellow grandparents and kinship caregivers.

1st and 3rd Friday of each month
9:30am-11:00am