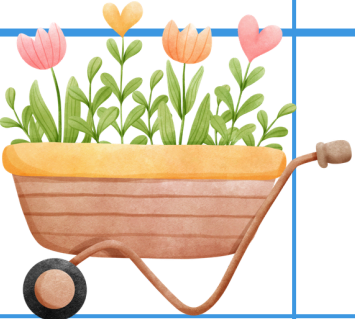
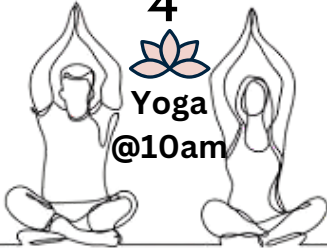









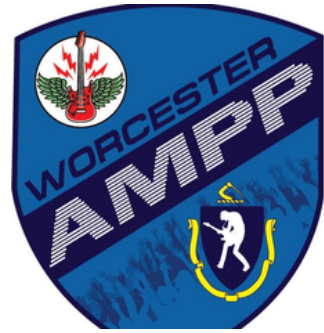


APRIL



2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 AMPP 3pm-6pm	2 Virtual Housing Clinic 1:30pm-2:30pm	3 GRG off-site Social Group 9:30am-11am Playgroup 10am-11:30am AMPP 3pm-6pm	4  Yoga @10am	5 HAPPY EASTER 
6 AMPP 3pm-6pm	7 Nurturing Fathers [4/13] Active Parenting of Teens [4/6]	8 AMPP 3pm-6pm 	9 Virtual housing clinic 1:30pm-2:30pm	10 Playgroup 10am-11:30am AMPP 3pm-6pm	11 IKIGAI Unidos por el Amor @11am	12 Office closed
 13 AMPP 3pm-6pm	14 Nurturing Fathers [5/13] Active Parenting of Teens [5/6]	15 AMPP 3pm-6pm	16 Virtual housing clinic 1:30pm-2:30pm	17 GRG Support Group 9:30am-11am Playgroup 10am-11:30am AMPP 3pm-6pm	18  Spring Family Field Day	19 Office closed 
20 AMPP 3pm-6pm	21 Nurturing Fathers [6/13] Active Parenting of Teens [6/6]	22  Earth Day	23 Virtual housing clinic 1:30pm-2:30pm	24 Playgroup 10am-11:30am AMPP 3pm-6pm	25 Office closed	26 Office closed
27 AMPP 3pm-6pm	28 Nurturing Fathers [7/13]	29 AMPP 3pm-6pm	30 Virtual housing clinic 1:30pm-2:30pm			



Arts & Music Police Partnership (AMPP)

AMPP is an afterschool program, led by our local Worcester Police Department, that offers a safe environment for high school students to come and explore their creativity through music and art.

Mondays, Wednesdays, & Fridays
3:00pm-6:00pm



Housing Clinic

Join us virtually to connect directly with RCAP Solutions and CMHA. Get assistance navigating RAFT and other housing-related applications.

*Register, to receive link to attend
Thursdays, 1:30pm-2:30pm



IKIGAI Support Group Unidos por el Amor

Connect with other (Spanish speaking) parents raising children with special needs.

Once monthly, registration required

3:30pm-5:30pm



Yoga Class

For all family members!

Explore the transformative potential of breath and movement through the practice of yoga.

1st Saturday of each month, at 10:00am



Parent/Child Playgroup

Come join the WFRC and WFP for an engaging playgroup filled with fun activities and opportunities to socialize with other children and caregivers!

Fridays 10:00am-11:30am



Spring Family Field Day

Come join the WFRC and families from the community to celebrate Spring with a fun afternoon full of games, food, and celebrating Spring.

Saturday, April 18th
11am-2pm



Grandparents Raising Grandchildren Group

Join us at our next GRG Group for an opportunity to connect with fellow grandparents and kinship caregivers.

1st Friday of each month at the WFRC
3rd Friday of each month, location TBD

9:30am-11:00am