



September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Recovery Dharma 5pm-6pm	2 Family Fun Night 5pm-6:30pm	3 Teen Group 3pm-4:30pm	4	5 Open 10am-1pm
6	7  	8 HCC OFFICE HOUR 3PM-4:30PM Recovery Dharma 5pm-6pm	9 Family Fun Night 5pm-6:30pm	10 Teen Group 3pm-4:30pm	11 	12
13	14 Grg Support Group 5pm-6:30pm	15 Recovery Dharma 5pm-6pm	16 Family Fun Night 5pm-6:30pm	17 Office Will Be Closed From 10am-3pm Teen Group 3pm-4:30pm	18	19 Open 10am-1pm
20	21 Youth Community Garden 4pm-6pm	22 Recovery Dharma 5pm-6pm	23 Family Fun Night 5pm-6:30pm	24 Teen Group 3pm-4:30pm	25	26
27	28 GRG Support Group 5pm-6:30pm	30 Recovery Dharma 5pm-6pm	31 Family Fun Night 5pm-6:30pm		 	

Evidence-Based Parenting Groups

Parenting Journey In Recovery:

A 12-week strength-based parenting course that focuses on supportive parenting for caregivers in recovery. This course dives into strengthening parent-child relationship, building confidence and family stability. You will join other parents in a calm, safe place to foster well-being and to navigate steps in their journey.

Nurturing Families In Recovery Treatment:

A 12-week strength-based supportive parenting course designed to focus on the impact of addiction on parenting, fostering connections between parents and child. Join other parents in a supportive, confidential space to learn new skills and enhance well being in recovery.

Active Parenting 0-5:

This is a 4-week evidence-based curriculum designed to empower parents with education on the first five years of their child's life and development. Classes are offered in person or virtually, in a once-a-week format.

Active Parenting Of Teens:

A 6-week course, specifically focused on parents and caregivers of 13-18-year-old children. The course focuses the skills and techniques needed.

Hours:

Monday-Wednesday:

9am-7pm

Thursday: 9am-5pm

Friday: 9am-4pm

First Saturday Of The Month:

10am-1pm

Third Saturday Of The Month:

10am-1pm

Address:



16 George St.

Westfield MA 01085

Phone Number:



413-417-2020



Peer Support Groups

Grandparents Raising Grandchildren:

A supportive group for grandparents and kinship caregivers raising grandchildren. Share experiences, build connections, and learn practical strategies to support children while caring for yourself.

Teens Support Group:

Rooted & Rising is a support group for youth ages 14-17. This is a weekly safe space for youth to build community, learn methods of selfcare, connect and create.

Recovery Dharma:

A peer-led group that uses the practices of meditation, self-inquiry, wisdom, compassion and community as tools for recovery and healing.

Family Fun Night

Between school drop off, extra-curricular activities, work and other commitments life can get hectic. Join us at family fun night and leave the cooking and family focused activities to us!



Village Closet Trips

September 1, 2026

12:30pm-2:30pm

September 15, 2026

12:30-2:30pm

BY APPOINTMENT ONLY !!