

# 2026 OCTOBER



| SUNDAY | MONDAY                                                                       | TUESDAY                          | WEDNESDAY                            | THURSDAY                       | FRIDAY                          | SATURDAY               |
|--------|------------------------------------------------------------------------------|----------------------------------|--------------------------------------|--------------------------------|---------------------------------|------------------------|
|        |                                                                              |                                  |                                      | 1<br>Teen Group<br>3pm-4:30pm  | 2                               | 3<br>Open<br>10am-1pm  |
| 4      | 5<br>Grg Support Group<br>5pm-6:30pm                                         | 6<br>Recovery Dharma<br>5pm-6pm  | 7<br>Family Fun Night<br>5pm-6:30pm  | 8<br>Teen Group<br>3pm-4:30pm  | 9                               | 10                     |
| 11     | 12                                                                           | 13<br>Recovery Dharma<br>5pm-6pm | 14<br>Family Fun Night<br>5pm-6:30pm | 15<br>Teen Group<br>3pm-4:30pm | 16                              | 17<br>Open<br>10am-1pm |
| 18     | 19<br>Grg Support Group<br>5pm-6:30pm<br>Youth Garden Workshop<br>4pm-5:30pm | 20<br>Recovery Dharma<br>5pm-6pm | 21<br>Family Fun Night<br>5pm-6:30pm | 22<br>Teen Group<br>3pm-4:30pm | 23                              | 24                     |
| 25     | 26                                                                           | 27<br>Recovery Dharma<br>5pm-6pm | 28<br>Family Fun Night<br>5pm-6:30pm | 29                             | 30<br>Trunk Or Treat<br>4pm-6pm | 31<br>HAPPY HALLOWEEN  |



## Evidence-Based Parenting Groups

### Parenting Journey In Recovery:

A 12-week strength-based parenting course that focuses on supportive parenting for caregivers in recovery. This course dives into strengthening parent-child relationship, building confidence and family stability. You will join other parents in a calm, safe place to foster well-being and to navigate steps in their journey.

### Nurturing Families In Recovery Treatment:

A 12-week strength-based supportive parenting course designed to focus on the impact of addiction on parenting, fostering connections between parents and child. Join other parents in a supportive, confidential space to learn new skills and enhance well being in recovery.

### Active Parenting 0-5:

This is a 4-week evidence-based curriculum designed to empower parents with education on the first five years of their child's life and development. Classes are offered in person or virtually, in a once-a-week format.

### Active Parenting Of Teens:

A 6-week course, specifically focused on parents and caregivers of 13-18-year-old children. The course focuses the skills and techniques needed.

## Hours:

**Monday-Wednesday:**

**9am-7pm**

**Thursday: 9am-5pm**

**Friday: 9am-4pm**

**First Saturday Of The Month:**

**10am-1pm**

**Third Saturday Of The Month:**

**10am-1pm**

**Address:**

 **16 George St.**

**Westfield MA 01085**

**Phone Number:**

 **413-417-2020**



## Peer Support Groups

### Grandparents Raising Grandchildren:

A supportive group for grandparents and kinship caregivers raising grandchildren. Share experiences, build connections, and learn practical strategies to support children while caring for yourself.

### Teens Support Group:

Rooted & Rising is a support group for youth ages 14-17. This is a weekly safe space for youth to build community, learn methods of selfcare, connect and create.

### Recovery Dharma:

A peer-led group that uses the practices of meditation, self-inquiry, wisdom, compassion and community as tools for recovery and healing.

### Family Fun Night

Between school drop off, extra-curricular activities, work and other commitments life can get hectic. Join us at family fun night and leave the cooking and family focused activities to us!

### Village Closet Trips

**October 6, 2026**

**12:30pm-2:30pm**

**October 20, 2026**

**12:30-2:30pm**

**BY APPOINTMENT ONLY !!**