


JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Grg support Group 1 5pm-6:30pm	Village closet trip 2 12:30pm-2:30pm recovery dharma 5pm-6pm	Family fun night 3 5pm-6:30pm	Teen group 4 3pm-4:30pm	5	Dad's saturday 6 10am-1pm
7	8	Recovery dharma 9 5pm-6pm	Family fun night 10 5pm-6:30pm	Teen group 11 3pm-4:30pm	12	13
14	Grg support group 15 5pm-6:30pm	Village closet trip 16 12:30pm-2:30pm recovery dharma 5pm-6pm	Family fun night 17 5pm-6:30pm	Join us at stanley park 18 for juneteen 12pm-3pm	 June's Teenth 19	20
21	22	Recovery dharma 23 5pm-6pm	Family fun night 24 5pm-6:30pm	Teen group 25 3pm-4:30pm	26	Bike safety event 27 10am-1pm 
28	29	Recovery dharma 30 5pm-6pm				

Evidence-Based Parenting Group

Parenting Journey In Recovery:

A 12-Week Strength-Based Parenting Course That Focuses On Supportive Parenting For Caregivers In Recovery. This Course Dives, Into Strengthening, Parent-Child Relationship, Building Confidence, And Family Stability. You Will Join Other Parents In A Calm, Safe Place To Foster Well-Being And To Navigate Steps In Their Journey.

Nurturing Families In Recovery Treatment:

A 12-Week Strength-Based Supportive Parenting Course Designed To Focus On The Impact Of Addiction On Parenting, Fostering Connections Between Parents In A Supportive, Confidential Space To Learn New Skills And Enhance Well Being In Recovery.

Active Parenting 0-5:

This Is A Four-Week Evidence-Based Curriculum Designed To Empower Parents With Education On The First Five Years Of Their Child's Life, And Development. Classes Are Offered In Person Or Virtually, In A 4-Week, Once-A-Week Format .

Active Parenting Of Teens:

A 6-Week Course, Specifically Focused On Parents And Caregivers Of 13-18 Years Old Children . The Course Focuses The Skills And Techniques Needed.

Hours:

Monday- Wednesday:

9am-7pm

Thursday:

9am-5pm

Friday:

9am-4pm

1st Saturday Of The Month:

10am-1pm

3rd Saturday Of The Month:

10am-1pm



Address: 16 George St
Westfield Ma 01085

Phone Number:

413-417-2020



SCAN ME



REGISTER NOW

Peer Support Groups

Grandparents Raising Grandchildren:

A Supportive Group For Grandparents And Kinship Caregivers Raising Grandchildren. Share Experiences, Build Connections, And Learn Practical Strategies To Support Children Children While Caring For Your Self .

Recovery Dharma:

A Peer-Led Group That Uses The Practice Of Meditation, Self-Inquiry Wisdom Compassion And Community As Tools For Recovery Healing.

Family Fun Night:

Between School Drop Off, Extra Curricular Activities, Work And Other Commitments Life Can Get Hectic. Join Us At Family Fun Night And Leave The Cooking And Family Focused Activities To Us!

Teen Group:

A support group for youth ages 14-17. This is a weekly safe space for youth to build community, learn methods of self care, to connect with peers, and create memories.