



**DMH Young Adult Access Centers**

Supporting young adults in new & innovative ways during this time of social distancing.

Support is available by phone, text, email and online groups,

Some sites are offering access to showers, hygiene products, laundry, and emergency food by appointment.

Contact your local Access Center to learn more!

**Current status as of March 23<sup>rd</sup>**

| Location   | Access Center/Agency          | Contact & Social Media   |
|------------|-------------------------------|--|
| Arlington  | STEPS- Wayside Youth & Family | <a href="mailto:steps@waysideyouth.org">steps@waysideyouth.org</a><br>Instagram: @STEPSyoungadults   |
| Braintree  | TRACS-Aspire Health Alliance  | Leah Gannon<br><a href="mailto:lgannon@aspirehealthalliance.org">lgannon@aspirehealthalliance.org</a><br>Office/Cell: 617-769-7246<br><a href="https://www.aspirehealthalliance.org/our-programs/for-young-adults-teens/life-skills/">https://www.aspirehealthalliance.org/our-programs/for-young-adults-teens/life-skills/</a>  |
| Framingham | Tempo-Wayside Youth & Family  | Troy Fenandes<br>508-879-1424<br><a href="https://www.facebook.com/tempoyoungadults/">https://www.facebook.com/tempoyoungadults/</a><br><br>Emergency shelter on call number: 774-279-5557   |
| Gloucester | YOUunity-CFFS & JRI           | Kate Wise, Dir., 978-471-0276, <a href="mailto:kdaltonwise@jri.org">kdaltonwise@jri.org</a><br>Taylor Mimms, Youth Coord./Peer Spec.: 978-604-1889, <a href="mailto:tmimms@jri.org">tmimms@jri.org</a><br>Michael Tugendhat, TIP, 978-491-6694, <a href="mailto:mtugendhat@jri.org">mtugendhat@jri.org</a><br>Shaina Doberman, TIP, 978-290-0710, <a href="mailto:sdoberman@jri.org">sdoberman@jri.org</a> |
|            |                               |  |

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|-------------|------------------------------|--|
| Lawrence    | YouForward-Vinfen            | <p>Danisa Batista- Director- <a href="mailto:batistad@vinfen.org">batistad@vinfen.org</a><br/> 978-495-6429<br/> Wendy Mancia- Youth Coordinator<br/> <a href="mailto:manciaw@vinfen.org">manciaw@vinfen.org</a><br/> 978-807.7553<br/> <a href="https://www.facebook.com/youforwardMA/">https://www.facebook.com/youforwardMA/</a></p>  |
| Lowell      | Mill You-Vinfen              | <p>Tamika Miller, TIP Facilitator, <a href="mailto:millerta@vinfen.org">millerta@vinfen.org</a> call or text 978-835-2416<br/> <a href="https://www.facebook.com/CTIYS/?_tn=%2Cd%2CP-R&amp;eid=ARBSqfhr9sTPd8FTB5EHDp8ySxN5OYfABOum8TF_AgqoX3jGmFXjWPufQs236ZsGd2PmbPJprOpKDsFo">https://www.facebook.com/CTIYS/?_tn=%2Cd%2CP-R&amp;eid=ARBSqfhr9sTPd8FTB5EHDp8ySxN5OYfABOum8TF_AgqoX3jGmFXjWPufQs236ZsGd2PmbPJprOpKDsFo</a></p>   |
| Springfield | Impact - Gandara             | <p>Christina (Recovery Navigator) – <a href="mailto:c Dillon@gandaracenter.org">cdillon@gandaracenter.org</a> call or text 413-296-6257<br/> Kristine (Site Supervisor)- <a href="mailto:krodriguez@gandaracenter.org">krodriguez@gandaracenter.org</a> call or text 413-296-6264<br/> Michael (Joel) (Peer Mentor) – <a href="mailto:mperez@gandaracenter.org">mperez@gandaracenter.org</a> call or Text 413-269-6143<br/> Nate (Peer Mentor) – <a href="mailto:nhernandez@gandaracenter.org">nhernandez@gandaracenter.org</a> call or text 413-612-8913<br/> <a href="https://www.facebook.com/impactaccesscenter/">https://www.facebook.com/impactaccesscenter/</a></p> |
| Worcester   | Zia – Kiva Center & Open Sky | <p>For individual support: 774-293-2209<br/> To find out about zoom meetings text: 774-242-6364<br/> Email: <a href="mailto:Vespermoore@centralmassrlc.org">Vespermoore@centralmassrlc.org</a><br/> <a href="mailto:Cristaliz.arroyo@centralmassrlc.org">Cristaliz.arroyo@centralmassrlc.org</a><br/> <a href="mailto:Shayn.mcdonald@centralmassrlc.org">Shayn.mcdonald@centralmassrlc.org</a><br/> <a href="https://www.facebook.com/ZiaCenter/">https://www.facebook.com/ZiaCenter/</a></p>  |