



DMH Young Adult Access Centers

Supporting young adults in new & innovative ways during this time of social distancing.

Support is available by phone, text, email and online groups,

Some sites are offering access to showers, hygiene products, laundry, and emergency food by appointment.

Contact your local Access Center to learn more!

Current status as of March 23rd

Location	Access Center/Agency	Contact & Social Media
Arlington	STEPS- Wayside Youth & Family	steps@waysideyouth.org Instagram: @STEPSyoungadults
Braintree	TRACS-Aspire Health Alliance	Leah Gannon lgannon@aspirehealthalliance.org Office/Cell: 617-769-7246 https://www.aspirehealthalliance.org/our-programs/for-young-adults-teens/life-skills/
Framingham	Tempo-Wayside Youth & Family	Troy Fenandes 508-879-1424 https://www.facebook.com/tempoyoungadults/ Emergency shelter on call number: 774-279-5557
Gloucester	YOUunity-CFFS & JRI	Kate Wise, Dir., 978-471-0276, kdaltonwise@jri.org Taylor Mimms, Youth Coord./Peer Spec.: 978-604-1889, tmimms@jri.org Michael Tugendhat, TIP, 978-491-6694, mtugendhat@jri.org Shaina Doberman, TIP, 978-290-0710, sdoberman@jri.org

Lawrence	YouForward-Vinfen	<p>Danisa Batista- Director- batistad@vinfen.org 978-495-6429 Wendy Mancia- Youth Coordinator manciaw@vinfen.org 978-807.7553 https://www.facebook.com/youforwardMA/</p>
Lowell	Mill You-Vinfen	<p>Tamika Miller, TIP Facilitator, millerta@vinfen.org call or text 978-835-2416 https://www.facebook.com/CTIYS/?_tn=%2Cd%2CP-R&eid=ARBSqfhr9sTPd8FTB5EHDp8ySxN5OYfABOum8TF_AggoX3jGmFXjWPufQs236ZsGd2PmbPJprOpKDsFo</p>
Springfield	Impact - Gandara	<p>Christina (Recovery Navigator) – cdillon@gandaracenter.org call or text 413-296-6257 Kristine (Site Supervisor)- krodriguez@gandaracenter.org call or text 413-296-6264 Michael (Joel) (Peer Mentor) – mperez@gandaracenter.org call or Text 413-269-6143 Nate (Peer Mentor) – nhernandez@gandaracenter.org call or text 413-612-8913 https://www.facebook.com/impactaccesscenter/</p>
Worcester	Zia – Kiva Center & Open Sky	<p>For individual support: 774-293-2209 To find out about zoom meetings text: 774-242-6364 Email: Vespermoore@centralmassrlc.org Cristaliz.arroyo@centralmassrlc.org Shayn.mcdonald@centralmassrlc.org https://www.facebook.com/ZiaCenter/</p>