



SPRINGFIELD FRC 1095 Main Street Springfield MA Phone: (413)733-7699 Fax: (413)301-6601

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1.
2.	3.	4. ESL Level 1 & Playgroups 5-7 pm	5. Coffee Hour 10:00-12:00PM Grandparent's Group 10:00 - 11:00am Recruiting Healthy Emotions Youth Group 4:30-6:30pm. ESL Level 2 5-7pm	6. Active Parenting of Teens in English Begins 11am-1:30pm Healthy Emotions 4:30-6:30pm	7. Parenting 0-5 in Spanish 10am -12 Pm Graduation	8. Youth Support Group 10am-2pm
9.	10.	11. SFRC will be Closed in Observation of Veteran's Day & Election Day	12. Coffee Hour 10:00 am - 12:00pm Grandparent's Group 10:00 - 11:00am Recruiting for Healthy Emotions Youth Group 4:30-6:30pm ESL Level 2 5-7pm	13. Active Parenting of Teens in English 11am-1:30pm Healthy Emotions 4:30-6:30pm	14.	15.
16.	17.	18. My Ombudsman Need help with your Mass Health benefits? We are here to help you. ESL Level 1 & Playgroups 5-7 pm 1095 Main Street Clothing Giveaway 3-5pm	19. Coffee Hour 10:00 am - 12:00pm Grandparent's Group 10:00 - 11:00am Healthy Emotions Youth Group 4:30-6:30pm ESL Level 2 5-7pm Clothing Giveaway 3-5pm	20. Active Parenting of Teens in English 11am-1:30pm Healthy Emotions 4:30-6:30pm	21.	22. My Ombudsman Need help with your Mass Health benefits? We are here to help you. 10am - 12 pm 1095 Main Street
23/30	24.	25. ESL Level 1 & Playgroups 5-7 pm	26. Coffee Hour 10:00 am - 12:00pm Grandparent's Group 10:00 - 11:00am Healthy Emotions Youth Group 4:30-6:30pm ESL Level 2 5-7pm	27. SFRC will be Closed in Observation of the Holiday Happy Thanksgiving	28. SFRC will be Closed in Observation of Thanksgiving Holiday Black Friday	29.



Family
Resource Centers