

MONDAY FRC Open 9:00am - 5:00pm	TUESDAY FRC Open 9:00am - 5:00pm 2 nd & 4 th Tuesday until 7:00pm	WEDNESDAY FRC Open 9:00am - 7:00pm	THURSDAY FRC Open 9:00am - 6:30pm	FRIDAY FRC Open 9:00am - 3:00pm	SATURDAY FRC Open 1 st & 3 rd Saturday of each month
1	2 11:00am-12:30pm Mommy & Me Parent/Child Activity	3 3:00pm-4:30pm LGBTQ+ High School Youth Group 4:00pm-5:30pm FRF/GRF Kinship Support Group	4 9:00am-10:30am Nursing Baby/Toddler Support Group 12:30pm-2:00pm LGBTQ+ Young Adult Affinity Group 5:00pm-6:30pm LGBTQ+ Middle School Youth Group	5	6 FRC SEASON OF GIVING HOLIDAY PARTY 10am - 2pm
8	9 11:00am-12:30pm Mommy & Me Parent/child Activity 5:30pm-7:00pm Parenting Circle Parent Support Group 6:00pm-7:00pm Achieving Dadhood Father Support Group	10 3:00pm-4:30pm NARCAN Training 5:00pm-6:00pm ESOL English Class	11 9:00am-10:30am Nursing Baby/Toddler Support Group 12:30pm-2:00pm LGBTQ+ Young Adult Affinity Group 5:00pm-6:30pm NARCAN Training	12	13
15	16 11:00am-12:30pm Mommy & Me Parent/child Activity	17 3:00pm-4:30pm LGBTQ+ High School Youth Group 5:00pm-6:00pm ESOL English Class	18 9:00am-10:30am Nursing Baby/Toddler Support Group 12:30pm-2:00pm LGBTQ+ Young Adult Affinity Group 5:00pm-6:30pm LGBTQ+ Middle School Youth Group	19	20 12:00pm-2:00pm Conexiones Positivas Latino Support/Resource Connections FRC Open 12:00pm - 2:00pm
22	23 11:00am-12:30pm Mommy & Me Parent/child Activity 5:30pm-7:00pm Parenting Circle Parent Support Group 6:00pm-7:00pm Achieving Dadhood Father Support Group	24 3:00pm-4:30pm LGBTQ+ High School Youth Group	25 9:00am-10:30am Nursing Baby/Toddler Support Group 12:30pm-2:00pm LGBTQ+ Young Adult Affinity Group 5:00pm-6:30pm LGBTQ+ Middle School Youth Group	26	27
29	30 11:00am-12:30pm Mommy & Me Parent/child Activity	31 3:00pm-4:30pm LGBTQ+ High School Youth Group			



Tuesdays

Mommy & Me: Parent-Child Interaction Play Group

Tuesdays 11:00am-12:30pm

A supportive play group for parents and children ages 0-5yrs old. The group includes parent-child interaction activities, education around child development and parenting behaviors, and an opportunity to connect with other parents.

Nutritious food and snacks included.

Contact: Contact: Alexia Morales-Jado
413-448-8281 Ext: 268
amoralesjado@18degreesma.org

Parenting Circle: Parent Support Group 2nd and 4th Tuesdays of every month 5:30pm-7:00pm

Parenting is tough and we are here to walk alongside you. This supportive group focuses on positive discipline, emotional regulation, school related issues, parenting behaviors, and so much more. Light dinner or snacks included.

Contact : Abbie 413-448-8281 Ext: 269
acallaghan@18degreesma.org

Achieving Dadhood: Father Support Group 2nd and 4th Tuesdays of every month 6:00pm-7:00pm

Whether you're a first-time dad, first generation dad, a dad working towards reunification or visitation, this group is for you! Join other dads to share a light dinner and gain support around the challenges and successes of fatherhood.

Facilitated by Brandon Mauer - Contact:
Baraq Peltier-Polston 413-448-8281 Ext: 264
bpeltierpolston@18degreesma.org

Active Parenting 4th Edition **NOT OCCURRING THIS MONTH**

Registration and intake paperwork required.

Contact: Alexia Morales-Jado
413-448-8281 Ext: 268
amoralesjado@18degreesma.org

Wednesdays

Grandparents Raising Grandchildren (GRF)/Families Raising Families (FRF) Kinship Support Group

**1st Wednesday of each month
4:00pm-5:30pm**

A support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, foster parent, or any other kinship caregiver.

Enjoy dinner in an inclusive space where you can connect, share, and learn from one another.

Contact: Jermaine 413-448-8281 Ext: 286
jdsistrunk@18degreesma.org

24/7 Dads/Fathers Parenting Class - 10 week Series

NOT OCCURRING THIS MONTH

This class is a 10-week series using 24/7 dad's curriculum. This class will be facilitated by Frank Busener. Registration and intake paperwork required, and attendance is mandatory to receive certificate of completion. Light dinner included.

Contact:

Baraq Peltier-Polston 413-448-8281 Ext: 264
bpeltierpolston@18degreesma.org

Nurturing Fathers /Fathers Parenting Class - 12 Week Series

NOT OCCURRING THIS MONTH

This class is a 12-week series using the Nurturing Fathers curriculum. Registration and intake paperwork required. This class will be facilitated by Jermaine Sistrunk. Attendance is mandatory to receive certificate of completion. Dinner included.

Contact: Jermaine 413-448-8281 Ext: 286
jdsistrunk@18degreesma.org

Brave Spaces LGBTQ+LOLYP MS, HS & Young Adult Affinity Groups

These groups offer a supportive space that centers around LGBTQ+ based curriculum and discussion.

Use your voice and be your authentic self while participating in fantastic activities and field trip.

Make new friends, enjoy light dinner and snacks.

Middle School - Thurs 5:00pm to 6:30pm (ages 11-14)

High School - Weds 3:00pm to 4:30pm (ages 14-18)

Young Adult Affinity Group - Thurs 12:30pm-2:00pm (ages 18-30)

Contact: Christopher 413-448-8281 Ext: 241 cdellea@18degreesma.org

Thursdays

Nursing Baby/Toddler Group/Berkshire Nursing Families Thursdays 9:00am-10:30am

Hosted by Berkshire Nursing Families, this is a supportive playgroup for those who are breastfeeding to socialize, get parenting and breastfeeding support from a certified lactation consultant. Baby scale available.

Contact: Contact: Alexia Morales-Jado
413-448-8281 Ext: 268
amoralesjado@18degreesma.org

CONTACTS

Program Director: Sharon Collins Newton
scollinsnewton@18degreesma.org or Ext: 265

Program Manager: Baraq Peltier-Polston
bpeltierpolston@18degreesma.org or Ext: 264

Youth Services/LGBTQIA+ Manager:

Christopher Dellea

cdellea@18degreesma.org or Ext: 241

Family Partner: Jermaine Sistrunk

jdsistrunk@18degreesma.org or Ext: 286

Family Support Worker: Alexia Morales-Jado
amoralesjado@18degreesma.org or Ext: 268

School Liaison: Abbie Callaghan

acallaghan@18degreesma.org or Ext: 269

Substance Use Prevention Youth Specialist:

Dawn Syrko dsyrko@18degreesma.org

Saturdays

Playful Pals Group: Children's Play Group

**1st Saturday of each month
10:00am-11:30am**

This group brings children ages 5-10 join together with their parent for activities, games, skits, songs, movement and art. Snacks included.

Contact: Christopher
413-448-8281 Ext: 241
cdellea@18degreesma.org

ESOL English Classes 1st Saturday

10:00am-12:00pm

**2nd & 3rd Wednesdays of every
month
5:00pm-6:00pm**

English classes and snacks.

Contact: Alexia 413-448-8281 Ext: 268
amoralesjado@18degreesma.org

Conexiones Positivas - Latino Resource Connections Group 3rd Saturday of each month 12:00pm-2:00pm

A supportive and informative group for members of the Latino community. Each month different topics will be discussed and facilitators from the community will be invited to share vital information and resources with participants.

Contact: Alexia 413-448-8281 Ext: 268
amoralesjado@18degreesma.org



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