



Northern Berkshire Community Coalition



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 PJR 1:30pm-3:30pm	2 GRG 10am-12pm @ Adams COA	3 Fall Foliage Children's Fair 10am-1pm
4	5 Fostering Skills: Textured Hair Care 6pm-7pm @ UNO	6 Life Skills 5pm-7pm	7	8 PJR 1:30pm-3:30pm	9	10 Learn Through Play @ UNO 9am
11	12 Office Closed	13 Life Skills 5pm-7pm	14 Parenting Together 10am-12pm @UNO	15 PJR 1:30pm-3:30pm	16 GRG 10am-12pm @ Spitzer Center	17 FRC Open Hours 9am-12pm
18	19	20 Life Skills 5pm-7pm	21 TWW 5pm-7pm	22 PJR 1:30pm-3:30pm YEP 5pm-6:30pm	23	24
25	26	27 CLFC 5:30pm-7:30pm	28 Parenting Together 10am-12pm @UNO TWW 5pm-7pm	29 PJR 1:30pm-3:30pm YEP 5pm-6:30pm	30 Downtown Trick or Treat 4:30pm-6pm	31
		The FRC is open: Mon-Wed, 9am-6pm Thurs, 9am-5pm Fri, 9am-4:30pm Drop-Ins Welcome (but some programs require registrations) For more information call: (413) 665-7588				

Our Programs

For more information call Nancy Kennedy 413-663-7588, or email nkenedy@nbccoalition.org

- **YEP (Youth Empowerment Program)**
After school program for middle schoolers
- **TWW (Teen Writing Workshop)**
A writing and drawing program for youths 13yrs-19yrs
- **Life Skills**
A class for young adults that focuses on skills that young adults can use both now & throughout their lives
- **Parenting Journey in Recovery**
addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their recovery, which can be both rewarding and at times, daunting. Parenting Journey in Recovery provides a valuable source of support and enhances awareness of triggers that may bring about a recurrence of substance use disorders or addiction.
- **Fall Foliage Children's Fair**
Community event at Noel Field (rain location: The Armory)
- **Downtown Trick or Treat**
Community event downtown North Adams
- **CLFC**
Creating Lasting Family Connections is a program designed for parents and youth which offers training modules for both audiences. The program is designed to: improve communication and conflict resolution skills; build coping mechanisms to resist negative social influences; practice effective refusal skills for both parents and youth; engender self-knowledge and, personal responsibility, and respect for others; and impart knowledge and understanding about the use of tobacco, alcohol, and other drugs.
- **Parenting Together**
Parent support group
- **Grandparents Raising Grandchildren**
Support group for grandparents that are raising their grandchildren

If the group classes that are running at this time do not meet the needs of a client, we will work one-on-one with the client until a group class is available.

All programs are free and open to all.

Transportation and childcare available with 48 hrs notice