

FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 YEP 5pm-6:30pm CLFC 5:30-7:30 @ Downstreet	3 YLP 5pm-7pm Nurturing Fathers 5:30pm-7:30pm	4 TWW 5pm-7pm	5	6 Grandparents Raising Grandchildren 10am-12pm @Adams COA	7 Scavenger Hunt (Adams) 12pm-2pm
8	9 YEP 5pm-6:30pm CLFC 5:30-7:30 @ Downstreet	10 YLP 5pm-7pm Nurturing Fathers 5:30pm-7:30pm	11 Parenting Together 10am-12pm @UNO TWW 5pm-7pm	12	13	14 Learn Through Play @ UNO
15	16 YEP 5pm-6:30pm CLFC 5:30-7:30 @ Downstreet	17 YLP 5pm-7pm Nurturing Fathers 5:30pm-7:30pm	18 TWW 5pm-7pm	19 Family Skste Day 11am-1pm @NA Skating Rink	20 Grandparents Raising Grandchildren 10am-12pm @ Spitzer Center	21
22	23 YEP 5pm-6:30pm CLFC 5:30-7:30 @ Downstreet	24 YLP 5pm-7pm Nurturing Fathers 5:30pm-7:30pm	25 Parenting Together 10am-12pm @UNO TWW 5pm-7pm	26	27	28
		<p>The FRC is open: Mon-Wed, 9am-6pm Thurs, 9am-5pm Fri, 9am-4:30pm</p> <p>Drop-Ins Welcome (but some programs require registrations) For more information call: (413) 665-7588</p>				

Our Programs

For more information call Nancy Kennedy 413-663-7588, or email nkennedy@nbccoalition.org

- **Nurturing Fathers**

This program brings together men from all family circumstances to explore what it takes to be their child's nurturer and teacher. The program also emphasizes the importance of maintaining a positive and supportive co-parenting relationship with the child(ren)'s mother, whether the parents are together or not.

- **CLFC**

Creating Lasting Family Connections is a program designed for parents and youth which offers training modules for both audiences. The program is designed to: improve communication and conflict resolution skills; build coping mechanisms to resist negative social influences; practice effective refusal skills for both parents and youth; engender self-knowledge and, personal responsibility, and respect for others; and impart knowledge and understanding about the use of tobacco, alcohol, and other drugs.

- **YEP (Youth Empowerment Program)**
After school program for middle schoolers
- **YLP (Youth Leadership Program)**
After school program for high schoolers
- **TWW (Teen Writing Workshop)**
A writing and drawing program for youths 13yrs-19yrs
- **Parenting Together**
Parent support group
- **Grandparents Raising Grandchildren**
Support group for grandparents that are raising their grandchildren

All programs are free and open to all.

If the group classes that are running at this time do not meet the needs of a client, we will work one-on-one with the client until a group class is available.

Transportation and childcare available with 24 hrs notice