

AUGUST 2026



Northern Berkshire Community Coalition



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Building self-worth 4-6	4 Co-Parenting 2-4 National Night Out 4-7	5 Drop-in Art Club 3:30-4:30 @ UNO	6	7 GRG 11am-1pm @ Windsor Lake Movie & Craft @ Williamstown Library 2pm	8 Learn Through Play @ UNO 9am Office hours 9am-12pm
9	10 Understanding Feelings 4-6	11 Co-Parenting 2-4 Backpacked for Success 5-6@Florida Mtn	12 Parenting Together 11-1 @Splash Pad Drop-in Art Club 3:30-4:30 @ UNO Downtown Celebration 5:30-8	13 Backpacked for Success 12pm-3pm	14 Office Closed	15 Office hours 9am-12pm
16	17 Morals, Values, and Family Rules 4-6	18 Co-Parenting 2-4	19 Drop-in Art Club 3:30-4:30 @ UNO	20	21 GRG 11am-1pm @ Greylock Glen Movie Night Noel Field 7:30pm	22
23	24 Praising Children and their Behavior 4-6	25 Co-Parenting 2-4	26 Parenting Together 10am-12pm @UNO	27	28	29
30	31 Dealing with Stress and Anger 4-6	The FRC is open: Mon-Wed, 9am-6pm Thurs, 9am-5pm Fri, 9am-4:30pm Drop-Ins Welcome (but some programs require registrations) For more information call: (413) 665-7588				

Our Programs

For more information call Nancy Kennedy 413-663-7588, or email nkenedy@nbccoalition.org

- **Building Self-Worth, Understanding Feelings, Morals, Values, & Family Rules, Praising Children & Their Behavior, and Dealing with Stress & Anger** are part of the Nurturing Families Programs. Each session stands on its own. A certificate will be given at the end of each session. Participants can attend only one or all sessions.
- **Co-Parenting**
The goals of this program are to:
 - Assist parents in shifting their role from former spouses to co-parents
 - Educate parents regarding the impact of parental conflict on their child's development
 - Help parents identify their contribution to conflict while increasing impulse control
 - Teach parents anger management, communication and conflict-resolution skills
- **The outdoor movie on August 21st is in collaboration with the North Adams Library**
- **National Night Out has events in Williamstown, North Adams, Adams, & Cheshire**
- **Downtown Celebration is a City of North Adams Event**
- **Drop-in Art Club is a free program facilitated by MassMoCa and The Clark Art Institute**
- **Parenting Together**
Parent support group
- **Grandparents Raising Grandchildren**
Support group for grandparents that are raising their grandchildren

If the group classes that are running at this time do not meet the needs of a client, we will work one-on-one with the client until a group class is available.

Backpacked for success is our yearly distribution of backpacks and school supplies. REGISTRATION REQUIRED

All programs are free and open to all.

Transportation and childcare available with 48 hrs notice