

APRIL 2026



Northern Berkshire Community Coalition



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---|---|---|--|---|---|
| | | | 1 TWW 5pm-7pm | 2 | 3 Grandparents Raising Grandchildren 10am-12pm @Adams COA | 4 Easter Festival 11am-1pm Rec center |
| 5 | 6 YEP 5pm-6:30pm | 7 YLP 5pm-7pm Parenting Journey in Recovery 5:30pm-7:30pm | 8 Parenting Together 10am-12pm @UNO TWW 5pm-7pm | 9 | 10 Office Closed | 11 Learn Through Play @ UNO |
| 12 | 13 YEP 5pm-6:30pm | 14 YLP 5pm-7pm Parenting Journey in Recovery 5:30pm-7:30pm | 15 TWW 5pm-7pm | 16 Community Forum 4pm-6pm @ Hotel Downstreet | 17 Grandparents Raising Grandchildren 10am-12pm @ Spitzer Center | 18 |
| 19 | 20 | 21 Parenting Journey in Recovery 5:30pm-7:30pm | 22 Parenting Together 10am-12pm @UNO | 23 Family Bowling @ King Pin 10am-12pm | 24 | 25 |
| 26 | 27 Office Closed PD Day YEP 5pm-6:30pm | 28 YLP 5pm-7pm Parenting Journey in Recovery 5:30pm-7:30pm | 29 | 30 | | |
| | | The FRC is open: Mon-Wed, 9am-6pm Thurs, 9am-5pm Fri, 9am-4:30pm | | Drop-Ins Welcome (but some programs require registrations) For more information call: (413) 665-7588 | | |

Our Programs

For more information call Nancy Kennedy 413-663-7588, or email nkennedy@nbccoalition.org

Parenting Journey in Recovery

Addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their recovery, which can be both rewarding and at times, daunting. Parenting Journey in Recovery provides a valuable source of support and enhances awareness of triggers that may bring about a recurrence of substance use disorders or addiction. Personal recovery, accountability, positive actions and hard work are only some of the topics discussed by group members.

If the group classes that are running at this time do not meet the needs of a client, we will work one-on-one with the client until a group class is available.

- **YEP (Youth Empowerment Program)**
After school program for middle schoolers
- **YLP (Youth Leadership Program)**
After school program for high schoolers
- **TWW (Teen Writing Workshop)**
A writing and drawing program for youths 13yrs-19yrs
- **Parenting Together**
Parent support group
- **Grandparents Raising Grandchildren**
Support group for grandparents that are raising their grandchildren

All programs are free and open to all.

Transportation and childcare available with 24 hrs notice