

## Juvenile Court Mental Health Advocacy Project (J-MHAP)

Key Interim Findings from the Boston University School of Public Health's Program Evaluation

## WHO WE ARE SERVING:

The young people and parents served by J-MHAP have a "significantly elevated risk profile."

They scored "higher on almost every measure of risk compared to the norms."

70% of the young people needed emergency mental health care in the past year.

48% of the young people were hospitalized for psychiatric care within the past year.

37% of the young people were admitted for residential mental health treatment in the past year.

Nearly 90% of the young people have one or more mental health diagnosis(es) or condition.

71% diagnosed with depression.

64% diagnosed with anxiety disorder.

31% diagnosed with bipolar or psychotic disorder.

30% of the young people don't go to school at all or missed almost every day.

60% of the young people miss school more than one day per week

**81.4% of youth served by J-MHAP previously experienced a barrier** to mental health treatment.

## THE IMPACT WE ARE HAVING:

Families participating in J-MHAP for six months experienced a "clinically relevant":

Reduction in the impact of the youth's difficulty on the family and the youth;

Reduction in family conflict;

Improvement in the youth's quality of life.

J-MHAP's Mental Health Advocates **achieved 85% of participating families' goals** by case closure.