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NOTES		

SUN	MON	TUE	WED	THU	FRI	SAT	NOTES
		COOKING CLASS	HOUSING WORKSHOP	3	CLOSED 4	5 YOGA PEER SUPPORT GROUP	Enlace de Fa 299 MAIN STE PHONE: 413-53 HOURS OF OF
6	7 FATHERS PRGM	8	9	10	II GRANDPARENTS GROUP MOTHERS PRGM	12	MONDAY - 9AM - 7PM TUESDAY 9AM - 5PM FT 6 2 ^{NO} SA 7/H CLOSE
13	1H FATHERS PRGM	STEERING COMMITEE	IS COOKING CLASS	17	JB MOTHERS PRGM	19 YOGA PEER SUPPORT GROUP	Disclaimer: Fa of posted hour appointment i
20	21 FATHERS PRGM	22 SERVSAFE IN SPANISH	23 IO-I2PM FIRE SAFETY EVENT	24 SERVESAFE IN SPANISH	MOTHERS PRGM GRANDPARENTS GROUP STORYTIME	26	PLEASE CALI FATHER'S MOTHER'S GRANDPAF FOSTERPA HOUSING V
27	28 FATHERS PRGM	29 CPR TRAINING SERVSAFE IN SPANISH	30 HPS ATTENDANCE MEETING	31 SERVSAFE IN SPANISH FOSTER PARENT SUPPORT GROUP	- Pa	006	COOKING O CPR TRAIN YOGA SUP STEERING SCHOOL A

Familias Resource Center TREET, HOLYOKE, MA 01040 532-9300

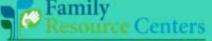
OPERATION

- WEDNESDAY THURSDAY
- YSFRIDAY
- SATURDAY IOAM I2PM
- SED 4TH OF JULY

Families can be serviced outside urs by scheduling an in advance.

LL (413)532-9300 TO REGISTER

- 'S PRGM 5PM 7PM
- 'S PRGM IOAM I2PM
- ARENT'S 1030AM 1130AM
- PARENT'S SUPPORT 6PM 8PM
- WORKSHOP IOAM I2PM
- CLASS 2PM 4PM
- INING 9AM I2PM
- JPPORT GROUP IOAM IIAM
- IG COMMITEE IPM 2PM
- ATTENDANCE 930AM II30AM





SUPPORT GOURS

Parent/Guardian Support:

An in-person support group, held every other Thursday, for guardians struggling to support children with social, emotional and behavioral challenges

Grandparent's Raising Grandchildren Support:

Come join us every other Friday as we make space to connect, learn from & grow with other Grandparents like you!



A safe space for LGBTQ youth ages 13 to 24 years old.

HOC is youth lead and directed with a focus on youth development and living healthy, safe lives. Join us Monday - Thursday from 1pm - 5pm for drop-in hours!





Tune in with us one a month for Virtual Storytime!

Here we offer a read along opportunity to parents and children on our Youtube page. If you are looking for books to read at home, feel free to reach out to us!

Enlace de Familias

Holyoke Family Network

299-301 Main St. Holyoke MA 01040 413-532-9300

Free resources, support and events for the whole family!

Call us today to set up an appointment

OUR SCHEDULE:

Monday 9:00am - 7:00pm

Tuesday 9:00am - 5:00pm

Wednesday 9:00am - 7:00pm

Thursday 9:00am - 7:00pm

Friday 9:00am - 5:00pm

every other Saturday 10:00am - 12:00pm



Scan QR code above for direct access to our facebook page!



PARENTING GROUPS

Nurturing Fathers Program:

A 15-week evidence-based program for Fathers who would benefit from developing parenting & nurturing skills that will positively impact the family

Active Parenting Group:

An 8-week program focused on strengthening the relationship between coparents in an effort to reduce conflict and create cohesive understand through positive approaches.

Mother's Parenting Journey:

A 6 week program designed to help mothers increase their self-care practices, raise awareness of past and present factors that influence parenting styles

Referrals for programming & services can be sent to referrals@enlacedefamilias.org

UPGOMING PROGRAMS

- Parent Groups Register by calling or emailing: referrals@enlacedefamilias.org
- · Virtual Storytime on our Enlace de Familias Youtube page
- Cooking Classes
- Housing Application Workshops

If you are in need of any after hours or weekend support, please let us know and we can book an appointment with you!

