

## Family Resource Center Training Opportunities with Descriptions

January 2025 through June 2025

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## FRC Staff Orientation and Foundational Series

### Winter 2025 Training Schedule:

1. \*\*FRC Orientation Day 1 (Combination of Day 1, Day 2, & How CRM Data Informs Reports for MA Legislators, DCF, and Your Agency) - Monday, January 13, 2025 **VIRTUAL**
2. \*\*Effective Group Facilitation for Mass Family Resource Centers (Family Nurturing Center) – January 21, 2025
3. Motivational Interviewing - Monday, January 27, 2025
4. Trauma Informed Care - Monday, February 3, 2025
5. Protective Factors/Strengthening Families & Health Law Advocates- **Ends at 2 pm** Monday, February 10, 2025
6. \*\*Implementing the AAPI – Thursday, February 13, 2025 **IN-PERSON PENDING WEATHER**
7. Culture in Parenting – Monday, February 24, 2025
8. Child Development and the Adolescent Brain - Monday, March 3, 2025
9. \*\*Planning for Success in Evidence-based Parenting Education for Mass Family Resource Centers (Family Nurturing Center) – March 4, 2025
10. Secondary Traumatic Stress, Boundaries, and Self-Care, + Graduation Celebration! - Monday, March 10, 2025 **IN-PERSON**

Complete the [FRC Training Request and Registration Form](#) to place staff on a waitlist for the Winter 2025 Cohort.

#### **\*\* FULL DAY TRAINING**

**\*\*\* Please note two of the dates will go until 2 pm to accommodate a second presenter. We will update those dates once we have them confirmed.**

### Spring 2025 Training Schedule:

1. \*\*FRC Orientation Day 1 (Combination of Day 1, Day 2, & How CRM Data Informs Reports for MA Legislators, DCF, and Your Agency) - Monday, March 24, 2025 **IN-PERSON**
2. Motivational Interviewing - Monday, March 31, 2025
3. Trauma Informed Care – **Ends at 2 pm** Monday, April 7, 2025
4. Protective Factors/Strengthening Families - Monday, April 10, 2025
5. \*\*Effective Group Facilitation for Mass Family Resource Centers (Family Nurturing Center) – April 15, 2025
6. Culture in Parenting – April 28, 2025
7. \*\*Implementing the AAPI – Wednesday, April 29, 2025 **IN-PERSON**
8. Child Development and the Adolescent Brain - Monday, May 5, 2025
9. \*\*Planning for Success in Evidence-based Parenting Education for Mass Family Resource Centers (Family Nurturing Center) – May 7, 2025
10. Secondary Traumatic Stress, Boundaries, and Self-Care, + Graduation Celebration! - Monday, May 12, 2025 **IN-PERSON**

Complete the [FRC Training Request and Registration Form](#) to place staff on a waitlist for the Spring 2025 Cohort.

#### **\*\* FULL DAY TRAINING**

**\*\*\* Please note two of the dates will go until 2 pm to accommodate a second presenter. We will update those dates once we have them confirmed.**

## PMPD & Cohort Meetings

### PMPD (Thursdays)

- January 16 - Zoom 10-2:30
- March 20 – In person 10-3

- May 15 – In person 10-3
- July - TBD

**Cohort (4<sup>th</sup> Wednesday)**

- School Liaison
  - January 22 - virtual
  - April 23 – in person
- Clinician/Family Partner
  - February 26 - virtual
  - May 28 – in person
- FSW
  - March 26 - virtual
  - June 25 – in person

## Family Nurturing Center Trainings

### **3-Day Nurturing Families Facilitator Training in English:**

**April 1, 2 & 3, 2025 • 9:00 am – 5:00 pm**

**Training time: 9:00 am - 5:00 pm**

**RSVP Required: Yes**

**Registration Closing Date: **March 12, 2025****

**Mandatory: No**

**In-person: CENTRAL**

**Training Description:** This training is the ideal starting place for new parent educators as well as those with experience who are new to Dr. Stephen Bavolek's Nurturing Parenting Programs. Specific topics include: behavior management, personal power, effective communication, family support principles, and the building of a positive self-concept. The training also addresses Nurturing Parenting Program implementation and the whys and hows of family engagement. Through a mix of small and large group discussions, participatory lecture, interactive exercises, and group practice session activities, participants will:

- Gain understanding in the Philosophy of Nurturing Programs.
- Learn the steps for implementing Nurturing Programs with families.
- Learn effective methods for increasing positive parenting and enhancing relationships.
- Learn a strength-based approach to working with families.
- Increase their readiness to facilitate the Nurturing Families Programs.

**To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.**

### **3-Day Nurturing Fathers Facilitator Training:**

**April 15, 16, & 17, 2025 • 9:00 am – 5:00 pm**

**RSVP Required: Yes**

**Registration Closing Date: **March 26, 2025****

**Mandatory: No**

**In-person: WEST**

**Training Description:** This training is the ideal starting place for new parent educators as well as those with experience who are new to the Nurturing Fathers curriculum. Specific topics include: behavior management, personal power, effective communication, family support principles, and the building of a

positive self-concept. The training also addresses Nurturing Fathers' Program implementation and the whys and hows of father engagement.

To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

### **3-Day Parents & Adolescents Facilitator Training in English:**

May 13, 14, & 15, 2025 • 9:00 am – 5:00 pm

RSVP Required: Yes

Registration Closing Date: **April 22, 2025**

Mandatory: No

In-person Plymouth

To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

### **3-Day Nurture Hope Facilitator Training in English:**

May 27, 28, & 29, 2025 • 9:00 am – 5:00 pm

RSVP Required: Yes

Registration Closing Date: **May 7, 2025**

Mandatory: No

Online Webinar

To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

## Parenting Journey Trainings

### **Parenting Journey I – Session Open to Community**

**Seats fill quickly, upcoming dates will be emailed to staff with regular updates of available trainings based on Parenting Journey's website.**

RSVP Required: Yes

Mandatory: No

Online Webinar

**Training Description:** Learn first-hand how to use our experiential curriculum to run in-person Parenting Journey groups within your organization via a virtual platform. The weeklong, five-day Virtual Parenting Journey Facilitator Training covers the entire Parenting Journey 1 curriculum through a combination of live virtual sessions and independent work. In order to graduate, training participants must attend and participate in all of the virtual sessions in their entirety and complete all independent assignments. After the training, trainees may return to their organizations and begin conducting Parenting Journey groups with the parents they support.

Complete the [FRC Training Request and Registration Form](#) to register for this training through the DCF-ASO team.

### **Parenting Journey II – Session Open to Community**

**Seats fill quickly, upcoming dates will be emailed to staff with regular updates of available trainings based on Parenting Journey's website.**

RSVP Required: Yes

Mandatory: No

Online Webinar

**Training Description:** The weeklong, five-day Virtual Parenting Journey II Facilitator Training covers the entire Parenting Journey II curriculum through a combination of live virtual sessions and independent work. In order to graduate, training participants must attend and participate in all of the virtual sessions in their entirety and complete all independent assignments. After the training, trainees may return to their organizations and begin conducting Parenting Journey groups with the parents they support.

**Complete the [FRC Training Request and Registration Form](#) to register for this training through the DCF-ASO team.**

### **Parenting in America – Session Open to Community**

**Seats fill quickly, upcoming dates will be emailed to staff with regular updates of available trainings based on Parenting Journey’s website.**

**RSVP Required:** Yes

**Mandatory:** No

**Online Webinar**

**Training Description:** Parents and caregivers who immigrate to the United States bring with them a wealth of parenting strengths—drawing on culture, tradition, and family experience—yet living in a multicultural setting can be challenging. Parenting in America encourages parents to honor their cultural heritage while also helping them to develop new culturally responsive practice and strategies.

**Complete the [FRC Training Request and Registration Form](#) to register for this training through the DCF-ASO team.**

## Active Parenting Trainings

### **Active Parenting First Five Years:**

**January 28, 2025 • 9:00 am - 5:00 pm**

**March 25, 2025 • 9:00 am - 5:00 pm**

**RSVP Required:** Yes

**Registration Closing Date:** **January 8, 2025, March 5, 2025**

**Mandatory:** No

**Online Webinar**

**Training Description:** This live Leader Training Workshop webinar explores the acclaimed Active Parenting: First Five Years video and discussion program. You’ll learn tips and techniques for leading parenting education courses in general, plus you’ll gain an understanding of the contents and principles of the program. Preventing Problems: Your child’s beautiful brain, using nonviolent discipline, the “A-C-T” of parenting.

**To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.**

### **Active Parenting 4th Edition:**

**February 4, 2025 • 9:00 am - 5:00 pm**

**April 1, 2025 • 9:00 am - 5:00 pm**

**RSVP Required:** Yes

**Registration Closing Date:** **January 15, 2025; March 12, 2025**

**Mandatory:** No

**Online Webinar**

**Training Description:** This live Leader Training Workshop webinar explores the Active Parenting 4th Edition video and discussion program. You'll learn tips and techniques for leading parenting education courses in general, plus you'll gain an understanding of the contents and principles of the program.  
**To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.**

**Active Parenting Teens:**

**February 11, 2025 • 9:00 am - 5:00 pm**

**April 8, 2025 • 9:00 am - 5:00 pm**

**RSVP Required:** Yes

**Registration Closing Date:** **January 22, 2025; March 19, 2025**

**Mandatory:** No

**Online Webinar**

**Training Description:** This live Leader Training Workshop webinar explores the acclaimed Active Parenting: First Five Years video and discussion program. You'll learn tips and techniques for leading parenting education courses in general, plus you'll gain an understanding of the contents and principles of the program. Preventing Problems: Your child's beautiful brain, using nonviolent discipline, the "A-C-T" of parenting.

**To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.**

**Active Parenting Families in Action:**

**February 18, 2025 • 9:00 am - 5:00 pm**

**April 22, 2025 • 9:00 am - 5:00 pm**

**RSVP Required:** Yes

**Registration Closing Date:** **January 29, 2025; April 2, 2025**

**Mandatory:** No

**Online Webinar**

**Training Description:** This live Leader Training Webinar explores the acclaimed Families in Action program and video resources. In addition, participants will learn tips and techniques for leading parenting education courses. This experience aims to ensure participants develop a clear understanding of the content and principles of the program. Each participant receives a Leader's Guide, a Parent's Guide, seven clock hours, a marketing folder & certification packet. Skills to maintain open communication with teens.

**To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.**

**Active Parenting Cooperative Coparenting:**

**February 25 & 26, 2025 • 9:00 am - 5:00 pm**

**May 6 & 7, 2025 • 9:00 am - 5:00 pm**

**RSVP Required:** Yes

**Registration Closing Date:** **February 5, 2025; April 16, 2025**

**Mandatory:** No

**Online Webinar**

**Training Description:** This two-day live Leader Training Webinar explores the new Cooperative Education (COCO) program and video resources. In addition, participants will learn tips and techniques

for leading parenting education courses. This experience aims to ensure participants develop a clear understanding of the content and principles of the program.

To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

### **Active Parenting Stepfamilies:**

March 18, 2025 • 9:00 am - 5:00 pm

May 13, 2025 • 9:00 am - 5:00 pm

RSVP Required: Yes

Registration Closing Date: **February 26, 2025; May 23, 2025**

Mandatory: No

Online Webinar

**Training Description:** This live Leader Training Webinar explores the acclaimed Active Parenting for Stepfamilies and video resources. In addition, participants will learn tips and techniques for leading parenting education courses. This experience aims to ensure participants develop a clear understanding of the content and principles of the program.

To register for this training, submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

## Health Law Advocate Trainings

### **Mental Health Advocacy Program for Kids (Health Law Advocates):**

Scheduled dates:

- Jan 30th Understanding DCF
- Feb 27th 51A/Bs & Care and Protection Cases
- March 27th Child Requiring Assistance Cases (CRAs)
- April 24th Dept. of Mental Health/Dept. of Developmental Services (DMH & DDS)
- May 29th Children's Behavioral Health Initiative
- June 26th MassHealth Coverage for Immigrants
- July 31st Juvenile Delinquencies
- August 28th Intro to School Systems and Special Topics in Education
- September 25th Child Requiring Assistance Cases (repeat of March training)
- October 30th Special Education Overview & Initial Eligibility
- November 20th Reading and Responding to IEPs
- December 18th School Discipline & Bullying

Training time: 2:00 pm - 4:00 pm

RSVP Required: Yes

Mandatory: No

Online Webinar

**Training Description:** MHAP for Kids improves the health and educational success of children with unmet mental health needs at risk for possible or further court involvement, by advocating to improve access to needed mental health services. MHAP for Kids staff attorneys collaborate with the Family Resource Centers (FRCs) to provide free legal representation in special education and other mental health access matters.

Please register for all Health Law Advocates trainings using their online registration [form](#).

## Pathways Program for Parents at FCSN Trainings

Below is a list of training sessions with descriptions being offered by FCSN. There are no scheduled dates for these trainings and are by request only.

Training	Description
<b>Advancing your Student's Voice throughout the IEP</b>	The new IEP form
<b>Crafting Effective Student and Parent Concerns</b>	Learn some tips and tools for writing student and parent concerns and practice writing a concerns statement
<b>Introduction to the New IEP Form</b>	In this workshop we'll go through each page of the new IEP form, which Massachusetts school districts are starting to use Fall 2024. We'll discuss why the IEP form was updated, the changes that were made, and areas for student and parent input and team collaboration.
<b>Understanding Goals: From Objectives and Benchmarks to Effective Progress</b>	
<b>Driving Meaningful Accommodations vs Instructional Modifications</b>	
<b>What is Family Engagement?</b>	This brief presentation defines family engagement, discusses the benefits of family engagement, and reviews barriers to family engagement.
<b>FCSN Resources: (is this the Welcome to the Federation workshop?)</b>	Brief overview of the resources and supports the Federation offers to families and the professionals who partner with families.
<b>How to Advocate for Your Child (2020)</b>	Effective advocacy is a learned art. Parents will learn soft skills, such as how to prioritize and collaborate, to best advocate for their child. The workshop will also address conflict and barriers to effective communication.
<b>Basic Rights: Evaluation and Eligibility</b>	Join us for a comprehensive overview of special education laws and procedures. This presentation covers the special education process, including referrals, evaluations, eligibility, IEPs, services, placement, and parents' rights in dispute resolution.
<b>Basic Rights: Understanding the IEP</b>	This presentation aims to help families gain a deeper understanding of the IEP document, including its importance, how its developed, what goes in each section, and parents' options when receiving a proposed IEP for resolving disputes.
<b>Basic Rights: Transition Planning</b>	This presentation covers transition planning for students age 14-22. We'll discuss the legal right to transition services, why transition planning is important, what it looks like in the IEP, and the roles of students and parents.
<b>Bullying: What Parents Need to Know</b>	This presentation addresses what a bullying is, the school's legal obligation to prevent and address bullying, some strategies and tools for dealing with bullying, and how to address bullying in the IEP. We



	welcome both parents and professionals to join us for this important discussion.
<b>Social Emotional Learning</b>	This presentation provides an introduction to social emotional learning. We will dive into what social emotional learning is, why it is important, and how it is applied in the classroom and the IEP.
<b>Suspension &amp; Discipline in Special Education</b>	This presentation discusses school discipline, including the types of rule violations, the rights of students and parents, types of suspensions, alternatives to suspension, and the legal protections for students on IEPs.
<b>Your Voice, Your IEP</b>	For Students! Join us for a workshop that's all about how you can be part of the IEP process! Learn why your input matters and discover ways to actively participate in your IEP meetings to ensure your needs and goals are front and center.
<b>Developmental Childhood Trauma and the Impact on Academic Performance</b>	The results of developmental trauma on the developing neurology of young children are examined especially as it impacts the learning process. Also discussed are the life outcomes of these children, as evidenced by the ongoing Adverse Childhood Experiences (ACE) Study.
<b>Trauma Sensitive IEPs</b>	The most powerful tool of the IDEA is the Individualized Educational Plan (IEP). Certain parts of the IEP can be emphasized to allow skill building and ensure academic progress for students with developmental trauma. Among the topics discussed are trauma informed evaluations, "PLEP B," writing measurable social/emotional goals, and appropriate transition planning.
<b>School Options &amp; Special Education</b>	Birds-eye view of special education, key points for applications in different types of school environments, where to go for help when problems arise
<b>Planning for College</b>	Students with disabilities need to self-identify that they have a disability and self-advocate for reasonable accommodations at a postsecondary institution. This workshop covers the rights and responsibilities of students in college settings.

If you are interested in requesting a training by FCSN please submit a [FRC Training Request and Registration Form](#) through the DCF-ASO team.

## Children's Trust

2025 Dates have not been added. Use the link [here](#) to access their calendar. Please register for all Children's Trust trainings using their online registration [form](#).