

sunday

monday

tuesday

wednesday

thursday

friday

saturday

1

★ **LABOR DAY** ★  
 ★★ ★★

**Office Closed**

2

Food Pantry Open  
12-6pm

3

**AA 12-1PM**

4

Food Pantry Open  
12-6PM

5

**Parent & Child Craft Hour**  
10-11am



**National Food  
Bank Day**

6

7



**Brazilian Independence  
Day Celebration**  
@Aselton Park  
2- 7pm

8

Food Pantry Open  
8AM-1PM  
WE THRIVE!  
3:30-5:30PM

**Nurturing Fathers**  
6-8pm

9

Food Pantry Open  
12-6PM

**DAD'S TALK**  
6:30-7:30PM ZOOM

10

**AA 12-1PM**

11



Food Pantry Open  
12-6PM  
**Active Parenting -**  
4<sup>th</sup> Edition  
9-10:30am

12

**Parent & Child  
Craft Hour**  
10-11am



13

14

Food Pantry Open  
8AM-1PM  
WE THRIVE!  
3:30-5:30PM  
**Nurturing Fathers**  
6-8pm



16

Food Pantry Open  
12-6PM  
**Grandparents  
Raising  
Grandchildren** 5-7PM

17

**AA 12-1PM**



18

**Active Parenting -**  
4<sup>th</sup> Edition  
9-10:30am  
Food Pantry Open  
12-6PM  
**Parent, Teacher, Day!**

19

**Parent & Child Craft Hour**  
10-11am



20

21



22

Food Pantry Open  
8AM-1PM  
WE THRIVE! 3:30-5:30PM  
**Nurturing Fathers 6-8pm**  
**Fall Diy Kit** 

23

**FRC Pop Up @ CCCP In  
Eastham 10AM-1PM**  
Food Pantry Open  
12-6PM  
**Fall Diy Kit**

24

**AA 12-1PM**

**Fall Diy Kit**

25

**Active Parenting - 4<sup>th</sup> Edition**  
9-10:30am  
Food Pantry Open 12-6PM  
**Fall Diy Kit**  
**Our Journey  
as Moms**  
4:30-5:30pm

26

**Parent & Child Craft Hour**  
10-11am

**Fall Diy Kit**

27

Office Open  
9AM -12PM  
Food Pantry Open  
9am-12pm  
**Fall Diy Kit**

28

29

Food Pantry Open  
8am-1pm  
WE THRIVE!  
3:30-5:30PM  
**Nurturing Fathers**  
6-8pm

30

Food Pantry Open  
12-6PM



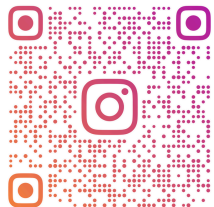


For information about any of our programs listed, or to register, please call  
(508) 815-5100.

Visit us online at  
[www.capecodfamilyresourcecenter.org](http://www.capecodfamilyresourcecenter.org)  
29 Bassett Ln, Hyannis, MA 02601

Hours of Operation:  
Monday: 8am-6pm (6-8pm by appointment)  
Tuesday: 8am-6pm  
Wednesday: 8am-5pm  
Thursday: 9am-6pm  
Friday: 9am-4pm  
Call for weekend hours

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