

## **BSAS Youth and Young Adult Treatment Program Contact Information for Referrals**

Help with referrals is provided by the Massachusetts Substance Use Helpline  
800-327-5050 or [www.helplinema.org](http://www.helplinema.org), Mon-Fri, 8 am – 10 pm; weekends 8 am – 6 pm

*It's hard to ask for help, especially when you're worried about alcohol or drug use. The bravest thing to do is to reach out. For all services listed here, your health insurance or BSAS may cover costs.*

### **Outpatient Counseling:**

Call the helpline to find out what licensed programs for youth experiencing problems with alcohol or drugs are available. Ask about **Adolescent Community Reinforcement Approach (A-CRA)** programs in your community - clinicians help youth at all stages of recovery and support families!

### **Detoxification & Stabilization**

For youth ages 13 to 20 needing medical, emotional, and behavioral stabilization from substance use or dependence. Length of stay depends on an individual's need, but an average stay is 14 days.

### **Youth Residential Treatment**

Youth between the ages of 13 and 17, who are medically stable, can receive individual, group, and family counseling in a therapeutic residential setting. Length of stay varies (typically 45 to 90 days).

### **Young Adult Residential Treatment**

Young adults up to age 25 who are medically stable can access a variety of individual and group services and resources that support ongoing recovery. Length of stay varies (often 4 to 6 months).

### **Recovery High Schools**

Recovery high schools offer an alcohol- and drug-free environment to meet the educational and recovery related needs of students. These public schools meet MA requirements of each student's school district, while offering small class sizes, individual attention, licensed counseling support, and much more. No cost.

## **Detox/Stabilization**

### **MYR (Motivating Youth Recovery)**

Age: 13-17

Gender: Male/Female

Address: 26 Queen St., Worcester, MA 01610

Phone: 508-860-1244

### **CASTLE (Clean and Sober Teens Living Empowered)**

Age: 16-20

Gender: Male/Female

Address: 10 Meadowbrook Rd., Brockton, MA 02301

Phone: 508-638-6000

## Youth Residential

### **Highland Grace House**

Age: 13-17

Gender: Female

Address: 280 Highland St., Worcester MA 01612

Phone: 774-420-2143

### **Goodwin House**

Age: 13-17

Gender: Male

Address: 187 Fairview Ave., Chicopee, MA 01013

Phone: 413-316-1642

## Young Adult Residential

### **Cushing House**

Age: 16-20

Gender: Female

Address: 58 Old Colony Ave., South Boston, MA 02127

Phone: 617-269-2933, Ext. 2

### **Cushing House**

Age: 16-20

Gender: Male

Address: 58 Old Colony Ave., South Boston, MA 02127

Phone: 617-269-2933 Ext 1

### **Pegasus House**

Age: 18-25

Gender: Female

Address: 482 Lowell St., Lawrence, MA 01840

Phone: 978-687-4257

### **Cornerstone Recovery**

Age: 18-25

Gender: Female

Address: 59 South Street, Ware, MA 01082

Phone: 413-758-4050, Ext. 680

### **Spectrum Young Adult Program (YAP)**

Age: 18-25

Gender: Male

Address: 154 Oak Street, Westborough, MA 01581

Phone: 508-898-1570, Ext. 2100

### **Recovery High Schools:**

William J. Ostiguy High School  
Boston | 617-348-6070

North Shore Recovery High School  
Beverly | 978-922-3305

Liberty Preparatory Academy  
Springfield | 413-750-2484

Independence Academy  
Brockton | 508-510-4091

Rockdale Recovery High School  
Worcester | 508-854-4939

Families can make direct referrals. No cost!

### **For more information about services for youth and young adults:**

Massachusetts DPH / BSAS  
Office of Youth and Young Adult Services  
250 Washington Street, 3rd Floor  
Boston, Massachusetts 02108  
617-624-5111, TTY 888-448-8321  
[www.mass.gov/dph/youthtreatment](http://www.mass.gov/dph/youthtreatment)

### **Family Recovery Resources:**

#### **Learn to Cope**

- Weekly peer support for adults with loved ones struggling with substance use
- Overdose education, Narcan training
- Discussion board & online resources:  
[www.learnstocope.org](http://www.learnstocope.org)

#### **Allies in Recovery**

- Online support to help families change the conversation about addiction
- Free for MA residents
- Go to: [www.alliesinrecovery.net](http://www.alliesinrecovery.net)