**Worcester Family Resource Center 20 Cedar street** Worcester, MA01608 508-796-0411 wfrc@youinc.org

**Drop in Hours** 

Monday: 8:30am-6:00pm Tuesday-Thursday: 8:30am-7:00pm

Friday: 8:30am-6:00pm

# Seotember 2024 Resource

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		e partnership Monday, y 3:00pm-6:00pm					<b>]</b> Office closed
	2 • AMPP	• Parenting Journey	<ul> <li>4</li> <li>Family Play Group</li> <li>AMPP</li> <li>Essentials of parent life: Tips and support</li> </ul>	<ul><li>5</li><li>virtual housing clinic</li><li>Nurturing Fathers Program</li></ul>	<ul><li>AMPP</li><li>Rainbow Connection</li></ul>	7 Office open for walk ins 9- 12pm	<b>8</b> Office closed
	• AMPP	<b>10</b> • Parenting Journey	<ul><li>Il</li><li>Family Play Group</li><li>AMPP</li><li>Active Parenting 4th Edition</li></ul>	<ul><li>12</li><li>virtual housing clinic</li><li>Nurturing Fathers Program</li></ul>	• AMPP	14  • Day of Play 11AM-4PM	<b>15</b> Office closed
	<ul><li>lkigay Support Group</li><li>AMPP</li></ul>	17 • Parenting Journey	<ul><li>18</li><li>Family Play Group</li><li>AMPP</li><li>Active Parenting 4th Edition</li></ul>	<ul><li>19</li><li>virtual housing clinic</li><li>Nurturing Fathers Program</li></ul>	<ul> <li>20</li> <li>Grandparent and Kinship caregiver support group</li> <li>Rainbow Connection</li> <li>AMPP</li> </ul>	<b>21</b> Office closed	<b>22</b> Office closed
-	23 • AMPP  30 • AMPP	<ul><li>24</li><li>Parenting Journey</li></ul>	<ul><li>25</li><li>Family Play Group</li><li>AMPP</li><li>Active Parenting 4th Edition</li></ul>	<ul><li>26</li><li>virtual housing clinic</li><li>Nurturing Fathers Program</li></ul>	• AMPP • IEP Workshop	<b>28</b> Office closed	<b>29</b> Office closed



Mutual Support

Call or Email 508-796-0411 wfrc@youinc.org for information or to register

Resources and

Supports

Family Resource Centers

Arts and Cultural

### **Arts and Music Police Partnership**

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department. M W F 3:00pm-6:00pm

### **Family Play Group**

A free play group for parents and children ages 1-8. Connect with other parents and caregivers 10:00am-11:30am

### **Essentials of parent life: Tips and support**

Join other parents as we learn to navigate our lives as parents. Topics to include self care. employment, education and many others.

First Wednesday of the month 3:00pm-4:00pm

### **Rainbow Connection**

A group for LGBTQIA+ youth ages 10-13 3:30pm-5:00pm

### **Grandparent and kinship** caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided 9:00am-10:30am

# Special Events

### **IEP work shop**

Join us in person for an IEP workshop. This workshop provides detailed explanations, as well stepby-step processes of how to apply for an IEP. 1:00pm-3:00pm

### Ikigai Unidos por el Amor support group

Connect with other parents raising children with special needs. Pre-registratin required 3:30pm-5:30pm

## **Virtual Housing Clinic**

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications

2:30pm-3:30pm **Parenting Journey** 

A Reflective Journey about your Parenting Style 10am-11:30am

### **Nurturing Fathers Program**

Connect with other dads and learn new skills to support your kids' wellbeing, safety and self-esteem 1pm-3pm







