




10 October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Arts and Music police partnership Monday, Wednesday, Friday 3:00pm-6:00pm • Parenting Journey	2 • Family Play Group • AMPP	3 • virtual housing clinic • Nurturing Fathers Program	4 • AMPP • Rainbow Connection 	5 Office closed	6 Office closed
7 • AMPP • Community Clinic	8 • Parenting Journey	9 • Family Play Group • AMPP • ESOL Classes 	10 • virtual housing clinic • Nurturing Fathers Program	11 • AMPP	12 Office open for walk ins 9-12pm	13 Office closed
14 • AMPP 	15 • Parenting Journey • Nurturing Fathers Program (Spanish)	16 • Family Play Group • AMPP • ESOL classes • Essentials of parent life: Tips and support	17 • virtual housing clinic	18 • Grandparent and Kinship caregiver support group • Rainbow Connection • AMPP	19 Office closed	20 Office closed
21 • Ikigay Support Group • AMPP	22 • Parenting Journey • Nurturing Fathers Program (Spanish)	23 • Family Play Group • AMPP • ESOL Classes	24 • virtual housing clinic	25 • AMPP	26 Office open for walk ins 9-12pm	27 Office closed
28 • AMPP	29 • Parenting Journey • Nurturing Fathers Program (Spanish)	30 • Family Play Group • AMPP • ESOL Classes	31 • virtual housing clinic	• AMPP		

October, 2024

Call or Email 508-796-0411 wfrc@youinc.org
for information or to register

Resources and Supports



Arts and Cultural

Mutual Support

Special Events

Life Skill Groups

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.
M W F 3:00pm-6:00pm

Family Play Group

A free play group for parents and children ages 1-8. Connect with other parents and caregivers
10:00am-11:30am

Essentials of parent life: Tips and support

Join other parents as we learn to navigate our lives as parents. Topics to include self care, employment, education and many others.

First Wednesday of the month 3:00pm-4:00pm

Rainbow Connection

A group for LGBTQIA+ youth ages 10-13
3:30pm-5:00pm

Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided
9:00am-10:30am

IEP work shop

Join us in person for an IEP workshop. This workshop provides detailed explanations, as well step-by-step processes of how to apply for an IEP.
1:00pm-3:00pm

Ikigai Unidos por el Amor support group

Connect with other parents raising children with special needs. Pre-registration required
3:30pm-5:30pm

Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications
2:30pm-3:30pm

Parenting Journey

A Reflective Journey about your Parenting Style
10am-11:30am

Nurturing Fathers Program (En Español)

Connect with other dads and learn new skills to support your kids' wellbeing, safety and self-esteem
1pm-3pm

