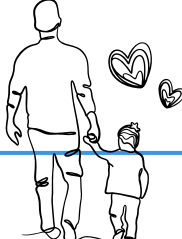

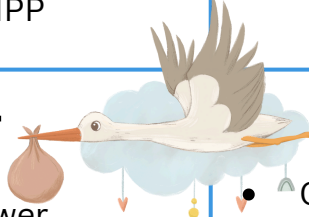
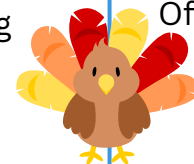


# 11 November 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ul style="list-style-type: none"> <li>Arts and Music</li> </ul>	<ul style="list-style-type: none"> <li>police partnership Monday, Wednesday, Friday 3:00pm-6:00pm</li> </ul>			<p><b>1</b></p> <ul style="list-style-type: none"> <li>AMPP</li> <li>Rainbow Connection</li> </ul>	<p><b>2</b></p> <p>Office closed</p>	<p><b>3</b></p> <p>Office closed</p>
<p><b>4</b></p> <ul style="list-style-type: none"> <li>AMPP</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>Nurturing Fathers Program (Spanish)</li> </ul> 	<p><b>6</b></p> <ul style="list-style-type: none"> <li>AMPP</li> <li>ESOL Classes</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> <li>Nurturing Fathers Program</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>AMPP</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>Office open for walk ins 9am-12pm</li> <li>Mommy and me - Arts &amp; Crafts with apples</li> </ul>	<p><b>10</b></p> <p>Office closed</p>
<p><b>11</b></p> <ul style="list-style-type: none"> <li>AMPP</li> </ul> 	<p><b>12</b></p> <ul style="list-style-type: none"> <li>Nurturing Fathers Program (Spanish)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>AMPP</li> <li>ESOL classes</li> <li>Essentials of parent life: Tips and support</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>Grandparent and Kinship caregiver support group</li> <li>Rainbow Connection</li> <li>AMPP</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>Office open for walk ins 9am-12pm</li> </ul>	<p><b>17</b></p> <p>Office closed</p>
<p><b>18</b></p> <ul style="list-style-type: none"> <li>Ikigay Support Group</li> <li>AMPP</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>Nurturing Fathers Program (Spanish)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>Family Play Group</li> <li>AMPP</li> <li>ESOL Classes</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>virtual housing clinic</li> </ul>	<p><b>22</b></p> <p>Baby shower 2:00pm-5:00pm</p> 	<p><b>23</b></p> <ul style="list-style-type: none"> <li>Office open for walk ins 9am-12pm</li> </ul>	<p><b>24</b></p> <p>Office closed</p>
<p><b>25</b></p> <ul style="list-style-type: none"> <li>AMPP</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>Nurturing Fathers Program (Spanish)</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>Family Play Group</li> <li>AMPP</li> <li>ESOL Classes</li> </ul>	<p><b>28</b></p> <p>Happy Thanksgiving Office closed</p> 	<p><b>29</b></p> <p>Office closed for holiday</p>	<p><b>30</b></p> <p>Office closed</p>	

# November, 2024

Call or Email 508-796-0411 [wfrc@youinc.org](mailto:wfrc@youinc.org)  
for information or to register

## Resources and Supports

## Arts and Cultural



**Arts and Music Police Partnership**

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.  
**M W F 3:00pm-6:00pm**


## Life Skill Groups

**Essentials of parent life: Tips and support**

Join other parents as we learn to navigate our lives as parents. Topics to include self care, employment, education and many others.

First Wednesday of the month 3:00pm-4:00pm

## Mutual Support



**Rainbow Connection**  
A group for LGBTQIA+ youth ages 10-13  
1st and 3rd Friday of the month.  
**3:30pm-5:00pm**

**Grandparent and kinship caregiver support Group**

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided  
**9:00am-10:30am**

## Special Events

**ESOL classes**  
English for Speakers of Other Languages adult education classes. Free every Wednesday.

**Pre Registration required**

**FRC Baby Shower**  
Calling all new and expecting parents! Join us for a day to celebrate your little bundle of joy.

**Pre-registration required**

**Ikigai Unidos por el Amor support group**

Connect with other parents raising children with special needs 3:30pm-5:30pm  
Pre-registration required

**Virtual Housing Clinic**

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications  
Every Thursday  
**2:30pm-3:30pm**

**Nurturing Fathers Program (En Español)**  
Connect with other fathers and learn new skills to support your kids' wellbeing, safety and self-esteem

**Pre registration required**

