

Worcester Family Resource Center 20 Cedar street
 Worcester, MA01608
 508-796-0411 wfrc@youinc.org

Drop in Hours
 Monday: 8:30am-6:00pm
 Tuesday-Thursday: 8:30am-7:00pm
 Friday: 8:30am-6:00pm



07

July

2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Arts and Music police partnership Monday, Wednesday, Friday 3:00pm-6:00pm	2	3 <ul style="list-style-type: none"> Family Play Group AMPP 	4 	5 <ul style="list-style-type: none"> Rainbow Connection AMPP 	6 Office closed	7 Office closed
8 <ul style="list-style-type: none"> AMPP 	9	10 <ul style="list-style-type: none"> Family Play Group AMPP Essentials of parent life: Tips and support 	11 <ul style="list-style-type: none"> virtual housing clinic Nurturing Fathers Program 	12 <ul style="list-style-type: none"> AMPP Swim Safety workshop 	13 Office open for walk ins 9am-12pm	14 Office closed
15 <ul style="list-style-type: none"> AMPP 	16 <ul style="list-style-type: none"> Parenting Journey 	17 <ul style="list-style-type: none"> Family Play Group AMPP Active Parenting 4th Edition 	18 <ul style="list-style-type: none"> virtual housing clinic Nurturing Fathers Program 	19 <ul style="list-style-type: none"> Grandparent and Kinship caregiver support group Rainbow Connection AMPP 	20 Office closed	21 Office closed
22 <ul style="list-style-type: none"> Ikigay Support Group AMPP 	23 <ul style="list-style-type: none"> Parenting Journey 	24 <ul style="list-style-type: none"> Family Play Group AMPP Active Parenting 4th Edition 	25 <ul style="list-style-type: none"> virtual housing clinic Nurturing Fathers Program 	26 <ul style="list-style-type: none"> AMPP 	27 Office open for walk ins 9-12pm	28 Office closed
29 <ul style="list-style-type: none"> AMPP 	30 <ul style="list-style-type: none"> Parenting Journey 	31 <ul style="list-style-type: none"> Family Play Group AMPP Active Parenting 4th Edition 				

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Call or Email 508-796-0411 wfrc@youinc.org
for information or to register

Resources and Supports



Arts and Cultural

Mutual Support

Special Events

Life Skill Groups

Arts and Music Police Partnership

Free Arts and Music program for teens ages 14-17 run by the Worcester Police Department.

M W F 3:00pm-6:00pm

Family Play Group

A free play group for parents and children ages 1-8. Connect with other parents and caregivers

10:00am-11:30am

Essentials of parent life: Tips and support

Join other parents as we learn to navigate our lives as parents. Topics to include self care, employment, education and many others.

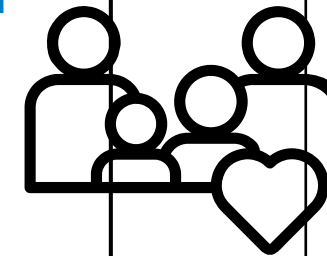
First Wednesday of the month 3:00pm-4:00pm



Rainbow Connection

A group for LGBTQIA+ youth ages 10-13

3:30pm-5:00pm



Grandparent and kinship caregiver support Group

Connect with other grandparents raising grandchildren and kinship caregivers. Breakfast, childcare and activities provided

9:00am-10:30am

Summer swim safety work shop

Join us in person to learn summer swim safety tips. We will have raffles, games, food, and summer gifts for all attendees.

1:00pm-3:00pm

Ikigai Unidos por el Amor support group

Connect with other parents raising children with special needs. Pre-registration required

3:30pm-5:30pm

Virtual Housing Clinic

Join us virtually to connect directly with RCAP Solutions, and CMHA. Get assistance navigating housing RAFT applications

2:30pm-3:30pm

Parenting Journey

A Reflective Journey about your Parenting Style

10am-11:30am

Nurturing Fathers Program

Connect with other dads and learn new skills to support your kids' wellbeing, safety and self-esteem

1pm-3pm

