



# December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 5PM-7:30PM EFC Money School	3 11A-12:30P Mommy & Me	4 3-4:30PM Live Out Loud (HS) 4:30-6PM FRF/GRG Kinship Group 5-7PM Nurturing Fathers	5 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	6	7 10am-1pm Annual Holiday Event
8	9 5PM-7:30PM EFC Money School	10 11A-12:30P Mommy & Me	11 3-4:30PM Live Out Loud (HS) 5:00-6:30 Nurturing Fathers	12 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	13	14
15	16 5PM-7:30PM EFC Money School	17 11A-12:30P Mommy & Me	18 3-4:30PM Live Out Loud (HS) 4:30-6PM FRF/GRG Kinship Group 5-7PM Nurturing Fathers	19 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	20	21 CLOSED
22	23	24 11A-12:30P Mommy & Me	25 CLOSED Observance of Holiday	26 9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-5:30PM Live Out Loud (MS)	27	28
29	30	31 11A-12:30P Mommy & Me				

For more information on all of our offerings, please visit:  
<https://18degreesma.org/new-events/>

**EFC Money School**  
**Mondays 5PM-7:30PM**

A program offered by Elizabeht Freeman Center to educate survivors of domestic violence on the basics of financial independence. Participants must register for this class. Contact Alexia or Tammy for more information.

**Mommy & Me Play Group**  
**Tuesdays 11AM-12:30PM**

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Alexia for more information!

**Live Out Loud MS, HS, and Young Adult Affinity Groups**

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Christopher for more information!

**FRF Families Raising Families**  
**1<sup>st</sup> & 3<sup>rd</sup> Wednesdays 4-5:30P**

A bilingual support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Jermaine for more information!

**Nurturing Fathers**  
**Wednesday 5-7PM**

Fathers, please join us for an evidenced based parenting class and open conversation in a safe environment. This class supports fathers of all ages. Contact Jermaine for more information!

**Nursing Baby/Toddler Group**  
**Thursdays 9AM-10:30AM**

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

**ESOL**  
**1<sup>st</sup> and 3<sup>rd</sup> Saturday each month 10AM-12PM**

English to Speakers of Other Languages class open to everyone wishing to learn English or to improve your English speaking and written communication. Registration is required. Please contact Alexia for more information!

**Annual Holiday Event**  
**December 7<sup>th</sup> 10AM-1PM**

Join us for our 9<sup>th</sup> Annual Holiday Event with special guest appearance by Santa and Mrs. Claus! Fun for the whole family! We will have treats and activities to be enjoyed by the entire family! Please RSVP by contacting Tammy!

**Conexiones Positivas**  
**3<sup>rd</sup> Saturday each month 12-2PM**

A support and informative group for members of the Latino community. Each month different topics will be discussed. Contact Alexia for more information! Will resume in January 2025!

**To better serve you, Child Care is now available for our support groups and classes.**  
**When registering please make staff aware of your childcare needs**

**Registration is required for all groups, classes, and activities.**

**Call or Email us to gain access to our offerings and for more information!**

**413-448-8281 or [info@18degreesma.org](mailto:info@18degreesma.org)**

***18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm***

**FRC Staff:**

**Program Director:** Sharon Collins Newton [scollinsnewton@18degreesma.org](mailto:scollinsnewton@18degreesma.org) or ext. 265

**Program Manager:** Tammy Martin-Bartlett [tmartinbartlett@18degreesma.org](mailto:tmartinbartlett@18degreesma.org) or ext. 264

**Family Support Worker:** Alexia Morales Jado [amoralesjado@18degreesma.org](mailto:amoralesjado@18degreesma.org) or ext 268

**Family Support Worker:** Brooke Pelley [bpelley@18degreesma.org](mailto:bpelley@18degreesma.org) or ext. 283

**LGBTQ+ Services Coordinator:** Christopher Dellea [cdellea@18degreesma.org](mailto:cdellea@18degreesma.org) or ext. 241

**Family Partner** – Jermaine Sistrunk [jdsistrunk@18degreesma.org](mailto:jdsistrunk@18degreesma.org) or ext. 286

**School Liaison** – Abbie Callaghan [acallaghan@18degreesma.org](mailto:acallaghan@18degreesma.org) or ext. 269

**FRC Open Hours**

**Monday 9am-5pm**

**Tuesday 9am-5pm**

**5pm-7pm Remote**

**Wednesday 9am-7pm**

**Thursday 9am-7pm**

**Friday 9am-5pm**

**1<sup>st</sup> & 3<sup>rd</sup> Saturday 9:30am-12:30pm**