

NEW SCHEDULE

Monday 9:00 a.m.– 5:00pm
Tuesday 9:00 a.m.– 5:00pm
Wednesday 9:00 a.m.–5:00 p.m.
Thursday 9:00 a.m.—5:00 p.m.
Fridays 9:00 a.m. to 5:00 p.m.

Enlace de Familias Resource Center
299 Main Street Holyoke Ma.
01040
413-532-9300

October
2024

Please see next side for more info./ Por favor de ver el otro lado para mas info.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Parents Group 11am-12pm	5
7	8 Healthy Cooking on a tight budget 11am-12pm	9	10	11 Grandparents raising Grandchildren 11am-12pm	12
Office is closed 	13	15 Tenants' rights workshop 10am-12pm	16	17 Trunk or Treat 5pm-8pm	18 Parents Group 11am-12pm
21	22	23 Housing Applications workshop 9:30am-12pm	24	25 Grandparents raising Grandchildren 11am-12pm	26
28	29	30	31 	<i>Virtual storytime is available all month on Youtube</i>	

Please see next side for more information. — Por favor de ver al otro lado para mas información



Support Groups

Parent Support Group: An in-person support group, held every other Friday, for any parent needing assistance with parenting techniques.

Grandparent's Raising Grandchildren: Come join us every other Friday for our Grandparents support group. This group will discuss concerns and issues Grandparents face just like you.

Join in person for some self care

House Of Colors

Is a safe space for LGBTQ youth ages 13 to 24 years old. It is youth lead and directed with a focus on youth development and living healthy, safe lives. They meet Monday, Thursday and Friday from 1 pm to 3 pm for Peer Support group and drop-in hours.

Storytime

Come join us once a month for Virtual Story time. We will be providing to interested families, a bag of books to go along with our story times for the month. Please call us for more



Parenting Groups

Nurturing Fathers Program

A 13-week evidence-based program for developing attitudes and skills for male nurturance. Held to registered participants. Please call to register.

Active Parenting Group

A 12-14 week program focusing on strengthening the couple relationship (married/unmarried) through a share exploration of parenting attitudes. Held to registered participants. Please call to register.

Mother's Parenting Journey

This 13 week curriculum designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parent-

Upcoming Programming

- * Parent Group—By Registration
- * Virtual Storytime (YouTube)
- * Cooking Class— By register
- * Tenants' rights
- * Housing Application Workshop
- * And much more! Come Learn about our Program passports to qualify for Holiday Specials! Call for more information!!



299 Main St.

Holyoke, MA 01040

413-532-9300

If you are interested in any of our upcoming events, or need referral assistance, please feel free to contact us at 413-532-9300 for an appointment

**IF YOU NEED AN EVENING
APPOINTMENT PLEASE CALL
US TO MAKER THOSE
ACCOMODATIONS**

**Please Scan box below with cellphone
camera for direct links to our
YouTube, Facebook and Webpages.**

