

**NEW SCHEDULE**

**Monday 9:00 a.m.– 5:00pm**

**Tuesday 9:00 a.m.– 5:00pm**

**Wednesday 9:00 a.m.–5:00 p.m.**

**Thursday 9:00 a.m.—5:00 p.m.**

**Fridays 9:00 a.m. to 5:00 p.m.**

**Open on Saturdays by Appointment**

**Enlace de Familias Resource Center**

**299 Main Street Holyoke Ma.  
01040**

**413-532-9300**

**January**

**2025**

Please see next side for more info./ Por favor de ver el otro lado para mas info.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<b>1</b>  <b>Office Closed New Years Day Ob- served</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>6</b> <b>Office Closed for 3 Kings Day</b>	<b>7</b> <b>Housing Workshop</b> <b>10 am—12 pm</b>	<b>8</b>  <b>Cooking Class</b> <b>10 am—12 pm</b> <b>House of Colors</b> <b>2:30pm - 4:30pm</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>13</b>	<b>14</b> <b>ESOL Classes</b> <b>10am—1pm</b>	<b>15</b> <b>House of Colors</b> <b>2:30pm - 4:30pm</b>	<b>16</b>  <b>ESOL Classes</b> <b>10am—1pm</b>	<b>17</b>  <b>Storytime 12pm</b>	<b>18</b>
<b>20</b>  <b>Closed for MLK Day</b>	<b>21</b> <b>ESOL Classes</b> <b>10am—1pm</b>	<b>22</b> <b>House of Colors</b> <b>2:30pm - 4:30pm</b>	<b>23</b> <b>ESOL Classes</b> <b>10am—1pm</b>	<b>24</b>	<b>25</b>
<b>27</b>	<b>28</b> <b>ESOL Classes</b> <b>10am—1pm</b>	<b>29</b> <b>House of Colors</b> <b>2:30pm - 4:30pm</b>	<b>30</b> <b>ESOL Classes</b> <b>10am—1pm</b>	<b>31</b>	

Please see next side for more information. — Por favor de ver al otro lado para mas información



### Support Groups

**Healthy Living Support Group:** A bi-weekly support group where clients get together and explore mindfulness and ways to improve their quality of life.

**Grandparent's Raising Grandchildren:** Come join us every other Friday for our Grandparents support group. This group is to learn about services in the community from Grandparents just like you. These sessions will be free and meet in person. Please call to register.

### **House Of Colors**

Is a safe space for LGBTQ youth ages 13 to 24 years old. It is youth lead and directed with a focus on youth development and living healthy, safe lives. They meet Monday, Thursday and Friday from 1 pm to 3 pm for Peer Support group and drop-in hours.



Come join us every Friday for Virtual Storytime. We will be providing to interested families, a bag of books to go along with our storytimes for the month. Please call us for more in-



## **Parenting**

### Parenting Groups

#### **Nurturing Fathers Program**

A 13-week evidence-based program for developing attitudes and skills for male nurturance. Held to registered participants. Please call to register.

#### **Active Parenting Group**

A 12-14 week program focusing on strengthening the couple relationship (married/unmarried) through a share exploration of parenting attitudes. Held to registered participants. Please call to register.

#### **Mother's Parenting Journey**

This 13 week curriculum designed to help parents increase their self-care practices, raise awareness of past and present factors that influence their parenting styles. Please call to register.

### Upcoming Programming

- \* Cooking Empanadillas (In Person)
- \* Housing App. Workshop
- \* Book & Tote + Virtual Storytime (YouTube)
- \* And much more! Come Learn about our Program passports to qualify for Holiday Specials! Call for more information!!

**We are also open on Saturdays but only by appointment. Please call to schedule.**



299—301 Main St.

Holyoke, MA 01040

413-532-9300

If you are interested in any of our upcoming events, or need referral services, please feel free to contact us at 413-532-9300 for an appointment.

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Please Scan box below with cellphone camera for direct links to our YouTube, Facebook and Webpages.



Scan Me  
For More Info!

