

Monday- Friday 9 a.m. to 5 p.m.

Open One **Saturday** per month
After hours appointment available upon request

December 2024



ENLACE DE FAMILIAS RESOURCE CENTER 299 Main St. Holyoke 413-532-9300

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Financial Literacy Financial Wellness YOUR CREDIT 10 a.m.-12 pm	4 Tenants' Rights Workshop Community Legal Aid 10 a.m. to 12 p.m.	5 English Classes Closed enrollment 10 a.m. – 1 p.m.	6 Parents support group 11 am.-12:30 pm	7
8	9 English Classes Closed enrollment 10 a.m. – 1 p.m.	10 Housing Application workshop For first- time applicants 10 a.m. -12 p.m. House of Colors 2 – 4:30 pm	11 Healthy Cooking for individuals with Diabetes Holyoke Health Center Ana Jaramillo 10 a.m. – 12 p.m.	12 English Classes Closed enrollment 10 a.m. – 1 p.m.	13 Grandparents raising grandchildren support group 1-2 p.m.	14
15	16 English Classes Closed enrollment 10 a.m. – 1 p.m.	17 Financial Literacy Financial Wellness Holiday budgeting 10 a.m.- 12 pm	18 House of Colors 2:30-4:30 p.m.	19 English Classes Closed enrollment 10a.m. – 1 p.m.	20 Parents Support Group 11 a.m. – 12:30 p.m.	21
22	23 English Classes Closed enrollment 10 a.m. – 1 p.m.	24 Enlace office closed December 24th and December 25th	25 	26  Enlace office open	27	28
29	30 English Classes Closed enrollment 10 a.m. – 1 p.m.	31 Enlace office closed December 31st & January 1				

Parenting Groups

Nurturing Fathers Program

A 13-week evidence-based program for developing attitudes and skills for male nurturance. Men involved in a child's life are encouraged to call to register for this program.

Active Parenting Group

A 12 -14 week program focusing on strengthening the couple's relationship (married/unmarried) through a share exploration of parenting attitudes. Parents who are interested in joining this group please call to register

Mother's Parenting Journey

This 13-week curriculum designed to help parents increase their self-care practices, raise awareness of past and present factors in their lives that influence their parenting styles.

This month's programming

- Parenting support Group- call to register
- Parenting and Grandparents support group
- Cooking for better health
- Housing applications workshops
- Financial literacy



SUPPORT GROUPS

PARENT SUPPORT GROUP:

AN IN-PERSON SUPPORT GROUP
HELD EVERY OTHER FRIDAY FOR
PARENTS NEEDING SUPPORT WITH
PARENTING TECHNIQUES



GRANDPARENTS RAISING GRANDCHILDREN:

THIS GROUP COMES TOGETHER
TO DISCUSS AND LEARN HOW TO
BEST CARE FOR YOURSELF &
LEARNING ABOUT AVAILABLE
RESOURCES WHILE RAISING YOUR
GRANDCHILDREN.

GROUP MEETS EVERY OTHER FRIDAY

**PLEASE LET US KNOW IF THERE IS A
WORKSHOP OR TRAINING THAT YOU
ARE INTERESTED IN THAT WE CAN
PROVIDE**

New Virtual Story Time returning soon !

House of Colors

Is a Safe Space for LGBTQI youth
ages 13 to 19 years old.

It is youth
lead and directed with a focus on
youth development and living
healthy and safe lives.
Youth meet Monday and
Wednesday 2:30 -4:30 p.m.



Our Office Hour Schedule is
Monday – Friday
9 a.m. to 5 p.m.

We are open one Saturday
per month

Please call for an appointment to
register for parenting groups &
workshops

If you are in need to speak to one of
our Family Support Specialist, after
our regular office hours please call
us to make those arrangements.

413-532-9300