

# **OCTOBER 2024**

90 Federal St. Greenfield MA 413.475.1555 Se habla Espanol www.communityaction.us/family-center

**ALL PROGRAMS ARE FREE** We are a MA Family Center & MA Family Resource Center





MONDAY 9AM-6PM	TUESDAY 9AM-6PM	WEDNESDAY 9AM-4PM	THURSDAY 9AM-6PM	FRIDAY 9AM-3 PM	SATURDAY 9AM-12PM
	Play & Learn 10 -11 Nurturing Fathers 6-8	Drop-In Support By appointment 9-12	Multicultural Playgroup 10-11	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 11:30-12:30 Grandparents Raising Grandchildren 12-1	CLOSED 5
7	Play & Learn 10 -11 Nurturing Fathers 6-8	Drop-In Support By appointment 9-12	Multicultural Playgroup 10-11  Family Lunch 11:45- 12:30  Watch Party: A Convo on "Everything No One Tells You About Parenting a Disabled Child" 12-1 10	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 1130-1:30	FC SATURDAY Open Playroom 9:30-11:30
AGENCY CLOSED 14	Play & Learn 10 -11 Nurturing Fathers 6-8	Drop-In Support By appointment 9-12	Multicultural Playgroup 10-11  Pajama Night & Pumpkin Painting Party/Tween Makers Space 4:30-5:30  17	New Baby, New Feelings 10-11  Tea & Toddler Caregivers Club 11:30-12:30  Grandparents Raising Grandchildren 12-1	CLOSED 19
IEP Binder Making Workshop 4:30-5:30	Play & Learn 10 -11 Nurturing Fathers 6-8	Drop-In Support By appointment 9-12 23	Multicultural Playgroup 10-11 <b>24</b>	New Baby, New Feelings 10-11 Tea & Toddler Caregivers Club 1130-1:30	FC SATURDAY  Open Playroom 9:30-11:30

Hablemos 12-1

Play & Learn 10 -11

29

**Nurturing Fathers** 6-8

Drop-In **Support By** appointment

9-12

30

Multicultural Playgroup

31

Call to make an appointment for individual support.

28

#### **DROP-IN SUPPORT HOURS**

Monday 10-1 Tuesday 10-1 Thursday 10-1 Friday 10-1 Saturday 2nd & 4th 9:30-11:30





JOIN US FOR A PARENT & CAREGIVER WORKSHOP



#### MONDAY **OCTOBER 21, 2024** 4:30-5:30 PM

Unsure where to start?

Already have a binder, but looking for ways to improve your binder system?

This workshop is for you! Binder materials and supplies will be provided.

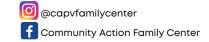
Registration required. Dinner & Childcare provided



## **OCTOBER 2024**

90 Federal St. Greenfield MA 413.475.1555 Se habla Español www.communityaction.us/family-center

**ALL PROGRAMS ARE FREE** 



### **ONGOING PROGRAMMING**

#### WHOLE FAMILY ACTIVITIES

FAMILY LUNCH - Join us once a month for an interactive meal and the opportunity to socialize with other Family Center families.

FAMILY PAJAMA PARTY & TWEEN MAKERSPACE- A night for the whole family! Story time literacy event for children ages 0-8 years old and their caregivers. Tween craft and game space for youth 8+. No registration required. Dinner provided. Every other month on the 3rd Thursday 4:30-5:30

FAMILY GAME NIGHT - Join us every other month on the 3rd Thursday 4:30 -5:30 PM for a variety of games, dinner, and fun for the whole family!

FC SATURDAYS - 2nd & 4th Saturday Drop in for individual family support or have fun in the open playroom.

STOP & PLAY - Reserve & enjoy exclusive access to the Family Center playroom. A time for caregivers, their child and up to 6 siblings or buddies to explore, play & read.

#### **PLAYGROUPS**

Weekly free Parent/Child playgroups from infancy through age 6. Come play, practice skills, read stories, and make new friends! \*\* Snack Provided \*\* No pre-registration required.\*\*

> Play & Learn - Tuesdays 10-11AM Multicultural Playgroup - Thursdays 10-11AM

#### **SUPPORT GROUPS**

\*Light Snacks & Childcare provided. Transportation support available\*

New Baby, New Feelings - Weekly Fridays 10-11AM Social/support group for moms with babies ages 0-16 months.

Tea & Toddler Club - Weekly Fridays 11:30-12:30PM \*New Time\* Weekly support group for parents & caregivers with toddlers age 16 mos-5yrs.

Grandparents Raising Grandchildren - 1st and 3rd Friday 12-1PM Let us create connections that allow us to share the joy, challenges, and uncertainties that come with being a grandparent.

Our Grandparents group meets in a casual, nonjudgmental space offering support to grandparents who are helping and/or raising grandchildren. Grandparents have the opportunity to meet other grandparents, develop a network of support, and receive information about services available.

#### **EVIDENCE-BASED CAREGIVER EDUCATION**

We offer a variety of parent & caregiver strength-based programs. All programs are voluntary and free to enroll. Registration and intakes are required. Waitlists are ongoing!

Active Parenting of Teens ◆ Nurturing Fathers ◆ Parenting Journey I & II Multi-Family DBT (Dialectical Behavior Therapy) Keeping Kids Safe

#### **PARENT ADVISORY**

Interested in helping Your input is important to us. Help shape our programs and services. Join us once a quarter for updates and to share thoughts, ideas and feedback around current programming, workshops and brainstorm other ways we can support families.



We Need Your I

JOIN OUR PARENT ADVISORY ZOOM MEETING!



Your input is important to us. Help shape our programs and services. Join us to hear updates and to share ideas

#### **DIAPER DISTRIBUTION**



In need of diapers? We've got you covered once a month.

Free & Intake required.

Monday-Friday during our open hours.

#### **COMMUNITY CLOSET**



In need of clothes? Shop in our free community closet.

Free & Intake required.

Call to schedule a shopping 413.475.1555

### WANT TO KNOW MORE ABOUT YOUR CHILD'S DEVELOPMENT?

Use the online to learn more about how they are growing and learning!



















